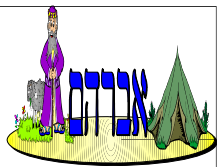


קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 14 November 2009/ 27 Mar Cheshvan 5770

Service Times (Shabbos Mevarachim)

Shacharis	9.00 am
Minchah followed by Seudah Shlishis	3.30 pm
Shabbos ends	5.03 pm
Shabbos next week	3.50 pm

We warmly welcome **Darryl Luder** to Clayhall this Shabbos. Darryl will be leyning as Rabbi Wilson is away in Edgware. Inside your action-packed Clayhall Kehilla this week, there is news about tomorrow's AJEX Parade, two CST training events, KidZone, the ladies Rosh Chodesh group, Bnei Akiva and more. Today we bless the new month of Kislev which means that Chanukah is not very far away! **Rosh Chodesh Kislev** is this Tuesday and Wednesday 17th/18th November. We will daven Shacharis slightly earlier at 6.45 am on both days. The next Sunday smoked salmon & beigel breakfast and Dads n'Lads football takes place on **Sunday 22nd November**.

Torah Reading

Leyning: Chayei Sarah
Hertz p 80 Soncino p 118

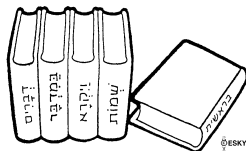
Darryl Luder

Haftorah:
Hertz p 90, Soncino p 135

Leslie Linder

All ladies are cordially invited to a CLASS (Clayhall Ladies Association) 'ideas' evening on Wednesday 18 November at 8.00 pm.

The venue is 22 Widcombe Gardens, home of Cynthia Simmons.



You can sponsor the Clayhall Kehilla for just £15 a week or four editions for the price of three during any 12-month period

Children's Service: 10.30am - 11.15am (today)
Youth Service: 10.30am - 11.15am (next 28 November)

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 22 November & 13 December (Chanukah)

KidZone

Launching this Shabbos afternoon, **14 November**, for all children from Reception to Year 6, **KidZone** is an exciting 90 minutes of fun, parachute games, drama, basketball, table tennis, Jewish experience and loads of nosh! It will run from 3.30 pm until 5.00 pm for once a month initially. Led by **Naomi Harris** and **Ian Grant**, your children will have a fantastic time. For more information, contact Deana in the Shul office or join the Clayhall Shul Facebook Group. The following two **KidZone** dates are Shabbos afternoons of **12 December** and **9 January 2010**. Further details will be sent out about future events nearer the time.

CST Cadet Training Course

A new CST Training course for all ages will be starting shortly. Participants will benefit from this eye opening and very worthwhile course. It instills a great deal of confidence and trains cadets to be streetwise. In particular, parents of pupils at the Jewish schools should be encouraged, as should all of our congregants. It is a marvellous opportunity to get involved in protecting the Jewish community. Please give your name and details to the CST office or our own security personnel.

CST Training

On **Sunday 22nd November**, the CST is running a "Security Workshop" in the Redbridge area for both Card and Non-Card holders. It will be for two hours in the morning covering aspects of security of buildings, what to look out for and how to look out for it. This will be especially relevant for those standing outside our own building. The workshop is "non physical". Could you give names please to either Leslie, Robin or Geoff, or direct to the CST office. The venue will then be advised.

Lunch and Learn

The next L&L takes place on **Thursday 26 November** at 12.45 pm in the Board room at RJCC. Rabbi Wilson's intriguing subject is "*a Numbers Game - an Insight into Gematria*" The cost is just £4 which includes lunch. It's a great way to spend some time. Eighteen people attended the previous L&L so come and join the growing band of lunchtime

AJEX Parade 2009

The Association of Jewish Ex-Servicemen and Women invites all ex-Servicemen and Women and all who served in the Auxiliary Services to march on the Parade.

*The 75th Annual Remembrance Ceremony and Parade takes place on **Sunday 15 November 2009**. Assembly on Horse Guards Parade is at 1.50 pm. It begins at 2.00 pm until 2.45 pm at the Cenotaph, Whitehall, London WC2 (nearest Tube Westminster—Jubilee, District & Circle lines).*

The Ceremony will be officiated by the Chief Rabbi Lord Sacks - AJEX Chaplain, The Rev Malcolm Weisman OBE MA Chaplain to the Armed Forces, Rabbi Arnold Saunders BA (Hons) C.F. (ACF) and Rabbi Henry Jacobi MBE BA (Hons).

*The Reviewing Officer is Brigadier Allan Julius.
For more information, please call 020 8202 2323.*

Sarah's Life

The life of Sarah was one hundred years and twenty years and seven years (Bereshis 23:1).

Our Sages say that during Sarah's lifetime her candles burned from one *erev* Shabbos to the next *erev* Shabbos; the dough she kneaded was blessed; and a cloud hovered over her tent. With her death, all of these things ceased, so everyone realised that they had happened in her merit.

She merited death and burial in Eretz Yisrael.

The Torah specifies one hundred years and twenty years and seven years in order to show that she lived out all the years that she was destined to live. Chizkuni writes that Sarah had no need of cosmetics.

She was as lovely at twenty years as a young girl of seven.

Bnei Akiva...is back!

Bnei Akiva is back in the Essex area. To celebrate, join with your friends for inflatable table football, martial arts, popcorn and a falafel dinner. The actions kicks off on **Sunday 29 November 2009** at Newbury Park Shul, Wessex Close from 6.15 pm until 8.30 pm. All those from school years 4 to 9 are cordially invited. The entrance fee is just £3. For more information, please speak to Naomi Harris.

Rosh Chodesh Group

The next Rosh Chodesh group will be on **Tuesday 17 November 2009** at 19 Lakeside Avenue at 8.30 pm. The guest speaker is **Rabbi Avromi Kahan** who will speak on "A Day in the Life of a KLBD Shomer." The evening will also include a crash course on shomering so that you can be an effective Shomer in your own home. All ladies are warmly invited.

Giving Until the Job is Done by Adam Lieberman

Avraham wanted his servant, Eliezer, to go find a wife for his son, Yitzchak. He told Eliezer the criteria the woman would need to fulfill to be worthy of marrying his son. Eliezer should go by a spring of water and see if he could find a woman who would not only give water to him to drink, but would also instinctively give water to his camels without ever being asked to do so.

Eliezer did just as Avraham had instructed him and, by a spring, he saw a woman named Rivkah. Eliezer ran towards her and asked her for a drink. She quickly obliged and ...

"When she finished giving him drink, she said, 'I will draw water even for your camels until they have finished drinking.' ...And it was, when the camels had finished drinking, the man took a golden nose ring, its weight was a beka, and two bracelets on her arms..." (Bereshis 24:19-32)

There is a barely noticeable but very significant distinction in the way Rivkah gave water to Eliezer and how she gave water to his camels. This difference teaches a powerful concept regarding doing acts of kindness.

When Rivkah gave water to Eliezer, it was she who decided when to stop giving him water. When she felt that he had enough water, she then *"finished giving him drink."* However, when Rivkah gave water to his camels, she only stopped giving them water *"when the camels had finished drinking."*

When we proactively do an act of kindness for someone, we're usually the ones who choose just how much time to spend doing this good deed. This is because if someone initiates a kind gesture, he or she usually controls how much time to devote to it.

However, if you allow the recipient of the act of kindness tell *you* when you've done enough, then that's an entirely different experience all together.

For example, let's assume you have a friend or family member that's emotionally very needy and sometimes requires a lot of attention.

Listening to this person talk endlessly might be absolutely the right thing to do.

But since he's usually never the one to end the conversation, you'll usually engage him until you've *"finished giving him drink"* and then gently end the encounter. This is how Rivkah was toward Eliezer and it's definitely a beautiful act of kindness.

However, if once in a while you listened to and spent time with this person until *he* ended the conversation and *"had finished drinking,"* it would be a monumentally greater act equal to what Rivkah did for the camels.

When doing an act of kindness we often feel a subconscious sense of entitlement that tells us that we can end our flow of generosity when we decide to do so. It goes against our nature to give until the recipient says to stop. But sometimes this is exactly what G-d wants us to shoot for.

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