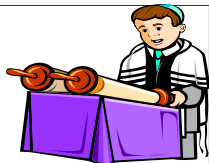




קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 17 October 2009/ 29 Tishri 5770

Service Times (Aaron Noble's Bar Mitzvah)

Shacharis	9.00 am
Minchah followed by Seudah Shlishis	5.20 pm
Shabbos ends	6.50 pm
Shabbos next week	5.36 pm

We wish a very hearty Mazel Tov to **Aaron Noble** and his family on the wonderful occasion of Aaron's Bar Mitzvah today. Ellayne, Matthew, Adam and Sophie have great pleasure in inviting the Kehilla to a Kiddush in the dining hall after the service in celebration of their Simchah.

We also wish Mazel Tov to our Chasan Torah, Chasan Bereshis and Eshes Chayil - **David Serkes, David Fletcher and Irene Rosenberg**. Simchas Torah was a most enjoyable occasion and the Shul is very grateful to our celebrants for their generous donation of 25 new *Singers* Siddurim. These will replace some of the old edition *Singers*.

Torah Reading

Leyning: Bereshis

Rabbi Nissan Wilson & Aaron Noble

Hertz p 2 Soncino p 1

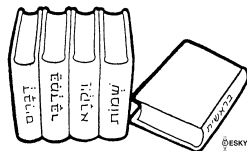
Haftorah:

Aaron Noble

Hertz p 948, Soncino p 1189

Today is not only Shabbos Bereshis but also Machor Chodesh - the day before Rosh Chodesh.

The Haftorah reflects this theme and can be found on the page numbers above.



This week's Clayhall Kehilla is kindly sponsored by Ellayne, Matthew, Adam & Sophie in celebration of Aaron's Bar Mitzvah

Children's Service: 10.30am - 11.15am (next, 31 October)
Youth Service: 10.30am - 11.15am (resumes 24 October)

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 25 October & 21 November

KidZone

Launching on Shabbos afternoon, **14 November**, for all children from Reception to Year 6, **KidZone** is an exciting 90 minutes of fun, games, drama, sports and loads of nosh! It will run from 3.30 pm until 5.00 pm for once a month initially. Led by **Naomi Harris** and **Ian Grant**, your children will have a fantastic time. For more information, contact Deana in the Shul office or join the Clayhall Shul Facebook Group. The following two **KidZone** dates are Shabbos afternoons of **12 December** and **9 January 2010**. More information will be sent out via email in the next couple of weeks.

The Molad

The time of the Molad is the New Moon of the local time of the longitude of Jerusalem. A day is divided into 24 hours. Each hour is divided into 1080 parts (*Chalokim*). Therefore 18 *chalokim* are one minute.. The average lunar month is 29 days 12 hours and 793 parts of an hour. **The Molad for Cheshvan is this Sunday night at 11.31 pm and 8 chalokim**. This will also be announced during the *Birchas Ha'Chodesh* prayer in Shul today (see opposite for more information).

Supper Quiz & Fundraising

Tickets for the **Supper Quiz**, organised by the Genesis committee, have sold out for tomorrow evening's Supper Quiz here at RJCC. A Bingo evening on **Sunday 6 December** is also at RJCC. Tickets will soon be available for this. These are important fund raising events for the Shul as well as being fun social evenings. In March, Genesis is planning a "*Clayhall's Got Talent*" evening. There are further details about all these events on the Shul notice board in the foyer or join the Clayhall Shul Facebook Group.

Lunch and Learn

Following the great success of the first Lunch and Learn prior to Rosh Hashanah, join us for the second one on **Thursday 22 October** at 12.45 pm in the Board room at RJCC. Rabbi Wilson will speak about "**Shabbos Candles: Lighting up the World.**" The cost is just £4 which includes lunch. For catering reasons, please would you confirm your attendance by speaking to either Deana or Gordon Miller.

Machor Chodesh - "Tomorrow is the New Moon"

The Haftorah read on the Shabbos immediately preceding Rosh Chodesh is the story that best demonstrates the quintessential nature of the friendship between David and Jonathan. In a sense, the Haftorah was chosen because of the mere coincidence that the conversation that begins it took place the day before Rosh Chodesh. It may be, however, that there is a deeper reason.

The New Moon alludes to the history of Israel and the Davidic dynasty. The moon grows to fullness over a period of 15 days and then declines for the next 15 days until it just disappears. So, too, there were 15 generations from Abraham to Solomon while the Jewish people grew spiritually and physically. Then began the decline, until 15 generations later, the monarchy came to an end with the destruction of the Temple and the Babylonian exile. But the heavens do not remain dark; the moon reappears. So, too, there will be a time of redemption, and the Davidic family will reign again. This is why the monthly *Kiddush Levanah* (*Sanctification of the Moon*) include the verse, *David, King of Israel, is alive and enduring*. It is prophetic that Jonathan's plan to save David begins with the words "*Tomorrow is the New Moon.*" Indeed, there is a New Moon for David. And his New moon is the rebirth of the nation as well.

Rosh Chodesh

Rosh Chodesh Mar Cheshvan is Sunday and Monday 18 & 19 October. We will be davening Shacharis a little earlier on both days: **8.00 am** on Sunday and **6.45 am** on Monday. Today is **Shabbos Mevarachim** when we bless the forthcoming new month before the Sefer Torah is returned to the Ark. The special *Birchas Ha'Chodesh* prayer asks G-d for a good and blessed month ahead. The prayer is intended to inform the community of the date of Rosh Chodesh and it is done on Shabbos simply because that is when the greatest number of people are congregated. A fuller explanation can be found in the *Artscroll Siddur* on pages 452/453.

Israeli Dancing

Come on ladies - get your dance shoes on and prepare for another autumn of Israeli and Simcha dancing! This takes place at **Ilford Jewish Primary School** from 8.00 pm until 9.00 pm on Wednesday evenings, 21st October, 4th, 11th, 18th and 25th of November. The cost is just £4 per session. There is no need to pre-book; just turn up on the night.

Newsheet Sponsorship

You can sponsor the weekly newsheet for just £15. Celebrating a simchah, birthday or anniversary, or perhaps to commemorate a Yahrzeit - in fact, for no reason at all! Speak to Deana in the Shul office on 8551 6533 to book a slot. You can also book 4 during one calendar year for £50.

Blame Game by Adam Lieberman

While living in the Garden of Eden, Adam and Eve were told by G-d that they can freely eat and enjoy everything the Garden had to offer. They just couldn't eat from the Tree of Knowledge of Good and Bad. A serpent came along and enticed Eve to eat fruit from this tree. After she ate from the tree, she gave some of its fruit to Adam. When G-d confronted Adam and Eve about their blatant disregard for His instructions....

"The man said, 'The woman whom you gave to be with me - she gave me of the tree, and I ate.' The woman said, 'The serpent deceived me, and I ate.'"

A LIFE LESSON

When people do something wrong, they usually have an instinctive reaction to either defend their actions or blame someone or something else for what they did.

So when G-d asked Adam why he ate from the tree, the first thing Adam did was go on the offensive, saying that he ate from the tree because of *"the woman whom you gave to be with me..."* According to Adam, his sin wasn't a result of his choices; it was because of something that G-d did.

And when Eve was confronted about her actions, she also refused to take any responsibility for her free-will decision, and instead simply said, *"The serpent deceived me..."* Adam and Eve were punished by G-d not only for not listening to Him, but for also immediately casting blame for their actions elsewhere.

It's always easier, more convenient, and far less embarrassing to shift blame onto other people, circumstances, or to society for any negative or destructive decisions and actions we might make. Clearly, this isn't what G-d wants. Rather, he desires us to personally take complete and full ownership over everything that we do.

The reason for this is that there's nothing more empowering and liberating than personally taking true responsibility for all your actions. This is life-changing because you now have power to "choose and become" as opposed to being stuck in the "blame game." Power to choose right from wrong. Good or bad.

Action or inaction. You will never again be a victim of circumstances, but rather will become a proactive decision maker who - through making the right choices - can recreate him/herself anew every day.

This isn't easy to do because it goes against our nature to immediately declare "I was wrong." But when you can truly acknowledge to yourself that it's you - and you alone - who's responsible for whatever you do - and not anyone or anything else - then you will have taken complete and total control of your life. And when you take full responsibility for everything you ever do, then you'll have recaptured ownership of your life and with G-d's help you can do and become anything you've ever dreamed possible.

(For more articles by the same author, log on to www.aish.com)

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