



קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 27 June 2009/ 5 Tammuz 5769

Service Times

Shacharis	9.00 am
Pre-Shabbos Minchah Shiur	8.05 pm
Minchah followed by Seudah	8.55 pm
Shabbos ends	10.28 pm
Shabbos next week	7.30pm

We wish a very hearty Mazel Tov to **Helen and Ivor Tranis** on the wonderful occasion of their Golden Wedding. The Kehilla wish them many more years of good health and happiness. Helen and Ivor have great pleasure in inviting the community to a Kiddush after the Service in celebration of their Simchah. Tomorrow morning after davening, Clayhall holds its monthly **smoked salmon and beigel breakfast** replete with the usual delicacies. This is followed by the increasingly popular **Dads n'Lads 5-a-side football** which will be played, weather permitting, on the outdoor astro-turf pitches. The Shul has even bought new footballs and a pump for maximum enjoyment!

Torah Reading

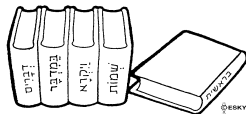
Leyning: Korach

Hertz p 639, Soncino p 879

Haftorah:

Hertz p 649, Soncino p 893

We have a delightful Seudah Shilishis (3rd meal) on Shabbos evening between Minchah and Ma'ariv. There's plenty of food, drink, song, laughter & Torah!



This week's Clayhall Kehilla is kindly sponsored by Helen & Ivor Tranis in celebration of their Golden Wedding

Children's Service: 10.30 am - 11.15 am (27 June & 11 July)

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 28th June, 2nd August & 13 September

Pimms & Ice Cream Kiddush

Clayhall's annual summer spectacular takes place on **Shabbos 11 July** after the service. The community is invited to a luxurious Pimms, Stella and quality ice cream Kiddush. This event is firmly established on the Clayhall calendar competing favourably with the Henley Regatta...and a lot cheaper!

So for refreshing, fruity, ice-cold Pimms, cool bottles of premium Stella and satisfying scoops of Alpine ice cream, it's the place to be seen. There will of course be the other usual Kiddush delicacies to savour so make a date for THE summer social place to be!

Children's Service

The Children's Service, led by Naomi Harris, is on today (it runs fortnightly) with songs, games, quizzes, stories and prizes. All are warmly welcome from the ages of 3 to 10 years. We look forward to seeing you. Future dates are **11 and 25 July** and there will then be a break during the summer holidays. Invitations to a **Shabbos afternoon get-together** on 25 July will shortly be sent to those children who attend the service on a regular basis.

Summer Candle Lighting

For the next few weeks, the EARLIEST time for candle lighting on Friday evening moves beyond 7.30pm This week, for example, it is 7.38pm. **Rabbi Wilson** suggests that during all of June and July, women should light candles at 7.50pm. This will dovetail with the Friday night service in Shul, where, following the Minchah at 7:30pm, we begin the begin the Kabbalos Shabbos service at around 7:50pm. If one mistakenly lit too early, the lighting is actually invalid and candles should be extinguished and re-lit!

Shalom Magazine

Articles, news stories, items of interest and especially Shul-related pieces are all required for the Rosh Hashanah edition of the 'Shalom' magazine. You need to submit your chosen media no later than Monday **20 July 2009** either to Martin Greenberg, Editor, or to Deana in the Shul office. Similarly, if you would like to advertise in the magazine, please also call Martin or Johnny Lyndon who will be able to help you.

Football 5-a-side & BBQ Spectacular

It's time for all the boys and gentlemen to get into training, shed a few pounds and hit the treadmill! Clayhall's annual 5-a-side tournament will take place on **Sunday 12 July 2009** at RJCC. The prestigious event kicks off at 2.30 pm on the astro-turf. Everyone from 11 years to infinity can play. Flyers with more details have just been sent out in the Shul mailing. It is suggested that teams comprise 6 or 7 players as the pace could be frenetic. For those 40+ mortals, it is strongly recommended that nobody stays on the pitch for more than 60 seconds at a time!

Spectators are encouraged to lend moral and vocal support. You might be amazed at the dazzling, silky skills on display. Alternatively, bring a flask and a good book!

Afterwards at 6.00 pm, everyone is warmly invited to a grand, beefy **BBQ** at **19 Lakeside Avenue, Redbridge**. This will perfectly round off the day. The cost to play including the BBQ is £7 for over 16's and £5 for those under 16 years. Non-playing BBQ guests will pay £6 if over 16 years and £4 if under. This is great value for money. **Please return the forms to the Shul office no later than next Thursday 2 July.**

Details have also been sent automatically to those who are members of the Clayhall Shul **Facebook** group. So if you are on *Facebook*, just add your name. We have **71** members to date.

Indulgence Evening

The Clayhall Ladies Association (CLASS) is holding An Indulgence Evening on **Thursday 3 September** from 7.30 pm until 10.30 pm at RJCC. So how about a new hat, a relaxation session, beautiful nails or a facial? Or are you are a qualified beautician or do you have suitable items for sale? Would you like to participate I this event by taking a stall? For more details, please contact Cynthia Simmons on 8550 8018 or you can email her at cindyess@talktalk.net

Adult Education

Shortly, a new adult education programme will begin catering for all tastes and levels. Members will be sent more information as soon as possible. The next ladies Rosh Chodesh group is due to take place on **Tuesday 21 July** at the home of Rebbetsen Wilson. More details will follow soon.

Your Money or Your Life!

This is the title of the summer series of Shiurim being given by local Rabbonim on Shabbos afternoon. The third talk **this afternoon** is being given by **Rabbi Aryeh Sufirin** at 15 Highwood Gardens. Over the next two weeks, Rabbi Alex Chapper and Rabbi Moshe Muller will continue the series in their homes. Each presentation begins at 6.00 pm and includes refreshments. As we all try to survive the economic crisis, come and learn what Judaism teaches us in these trying times. There is no need to pre-book.

Don't Disguise Your Ambitions by Adam Lieberman

In this week's sedra, a group of Jews, led by a man named Korach, rebelled against Moshe. Like Moshe, they also wanted to be leaders of the Jewish people. But instead of stating this as their real desire, Korach positioned his argument against Moshe himself and his inabilities by declaring to Moshe that: "...It is too much for you!" (Bamidbar 16:3)

Instead of being genuine in his desire to be on the same level of leadership as Moshe, Korach first shifted his entire angle. He began his claim against Moshe by making the point that the job Moshe had of leading all Jewish people was simply far too much of a task for him to take on by himself. Therefore, Korach reasoned, other Jews should also hold prominent leadership postings.

One of the problems with his argument is that it wasn't at all how he felt. Korach was simply jealous of Moshe and the claim that **it was too much** for him was of no concern to Korach at all.

In our own lives, many times we unfortunately act the same way Korach did. We will disguise our real reason for wanting something. Instead of taking ownership of why we want something, we choose to make it about someone or something else. The reason we do this is because we feel insecure and lack the self-confidence to be totally honest, and therefore we don't have the courage to say what we're really thinking. Besides being disingenuous, the problem with this approach is that it will stifle you from growing and becoming great. With Korach, not only was his strategy wrong, his entire motivation was based on a desire to destroy Moshe. Let's focus for a moment on our own need to 'say it straight.'

For example, assume you want to be promoted at work. The right thing to do is to go to your boss and state the reasons why you - on your own merit - feel that you should be promoted.

Unfortunately, what people often do instead is march into their boss's office and immediately start stating all the problems that exist. They might say, "I feel my division is in real trouble and those in charge, while very nice people, just aren't doing a very good job. And as we experience more growth in the company, it will certainly be **too much** for them. Therefore, I should take their place." (At this point, many people also throw in "I spoke to many people in my department and they all agree with me and they would love for me to become their new boss.")

It's certainly much easier to highlight a problem that others are doing and become the saviour to all concerned. But again, you can never grow as a person if you don't stand up for what you believe in without knocking others in the process. Anyone can point out faults. But true leadership means looking solely at your abilities and why you have what it takes to make a difference. The next time you want to make any sort of change, take full ownership of what you want to do and the real reason why you want it. You might not succeed in your request, but one thing is for certain. And that is when you have an authentic and honest approach change is guaranteed to take place - because as a person, you will grow by leaps and bounds. *(courtesy of www.aish.com)*

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