



קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 13 September 2008/ 13 Ellul 5768

Service Times (Jamie Field's Aufruf)

Shacharis	9.00 am
Minchah followed by Seudah	6.30 pm
Shabbos ends	8.07 pm
Shabbos next week	6.52 pm

We wish a hearty Mazel Tov to **Jamie Field** and all his family on the wonderful occasion of Jamie's Aufruf today. Jamie and Emma Levy are getting married this Wednesday 17 September and we wish them many years of health and happiness. Mazel Tov also to the respective parents, Janice and Stephen Field, and Margaret and Paul Levy. The Field family have pleasure in inviting the Kehilla to a Kiddush after the Service in celebration of their simchah.

Inside the Clayhall Kehilla, you will find times of **Selichos** services right through to Erev Yom Kippur. The NEROS Choral Midnight Selichos service with the **Chief Rabbi** and the **Shabbaton Choir** takes place next Saturday night, 20 September, at Ilford United Synagogue, Beehive Lane.

Torah Reading

Leyning: Ki Tetze

Hertz p 840, Soncino p 1098

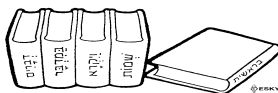
Haftarah:

Hertz p 857, Soncino p 1115

Rabbi Nissan Wilson

Jamie Field

This is about the time of year that the Shul kindly asks for 'extra' donations of whisky in readiness for Succos and Simchas Torah!



This week's Clayhall Kehilla is kindly sponsored by Susan & Tony Gadian in celebration of their wedding anniversary and Marc's birthday

Children's & Youth Service: 10.30 am - 11.30 am

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: Chol Hamoed Succos

Blue Tzedakah Tins

The blue tzedakah tins provide a valuable source of extra income. Philip Shamplina has kindly agreed to take over the supervision of the distribution and emptying of the tins. If you would like a tin, please email Philip, shamplina@hotmail.co.uk or call him on 8500 8203. If you have a tin that has not been emptied for some time, Philip will arrange for a collection to be made.

Choral Midnight Selichos

NEROS in conjunction with the United Synagogue invites you to Choral Midnight Selichos on Motsei Shabbos **20 September 2008** at Ilford Shul. Be inspired by the **Chief Rabbi** and then roused by the stirring melodies of the Shabbaton Choir with Rabbi Lionel Rosenfeld and Chazan Jonny Turgel. The pre-Selichos address is at 11.30 pm followed by Selichos at midnight.

Memorial Forms

The Memorial forms for Yom Kippur were sent to members last week and they need to be returned as soon as possible to the Shul office together with your donation. The Aliyos letters (where applicable) were sent out last Monday and they need to be returned by Thursday 18 September.

Selichos Times

We will begin saying Selichos (prayers for forgiveness) before Shacharis on Monday 22 September at **6.20 am**. On Erev Rosh Hashanah (Monday 29 September, Selichos will start at **5.45 am**. During the Aseres Yamei Teshuvah (Ten Days of Repentance), Selichos will begin at **6.15 am** and on Erev Yom Kippur (Wednesday 8 October), Selichos commence at **6.25 am**.

It is important to daven Selichos with a Minyan so please make every effort to attend. If you are on the rota and might find difficulty with these times, please speak to either Lester or Leslie Linder so that alternative arrangements can be made.

Office Help Required

Michelle is always looking for extra office help especially for Shul mailings. This involves photo copying and envelope stuffing. There are also other tasks that can be done. Please call her on 8551 6533 if you can help out.

Pre-High Holyday Programme

All sessions start at 8.00 pm and there is a £3 donation per evening.
Refreshments are included.

Monday 15 September

Rabbi Shmuel Lew @ Loughton Federation
Putting the High in the Holy Days

Wednesday 17 September

Rabbi Yaacov Hamer @ Clayhall Shul (see below)

Maureen Kendler @ Ilford Federation
Jonah: The Funniest Book in the Bible?

Thursday 18 September

Rabbi David Lister @ Chigwell Shul
Let Me Out! What G-d Thinks about Yom Kippur

Rabbi Yisroel Fine @ Wanstead & Woodford Shul
Rosh Hashanah for a New Generation

Please order your Arba Minim through the Shul office. Prices still to be confirmed but it won't vary much to last year

The Aufruf

It is a centuries-old tradition to initiate the round of wedding celebrations by having the groom called to recite the blessing over the Torah at the Shabbos service before the wedding. After the Torah reading and the groom's concluding blessing, the congregation often supplements their chorus of *Mazel Tovs* by throwing nuts and raisins at the groom.

Pre-High Holyday Programme

On Wednesday 17th September, Clayhall is hosting the annual Pre-High Holyday Programme. The lecture will be delivered at 8.00 pm by **Rabbi Yaakov Hamer**, of the Finchley Federation Synagogue. His title is "*The Mysterious Joy of Rosh Hashanah.*" (£3 entrance). On Tuesday 23rd September, the **Chief Rabbi, Sir Jonathan Sacks**, will give the keynote address again at 8.00 pm followed by a Tzivos Hashem Shofar making factory. There is a £4 entrance charge payable in advance through the Shul office.

Public Lecture: Rabbi Paysach Krohn

The renowned international speaker, master storyteller and acclaimed author, **Rabbi Paysach Krohn**, is speaking on Wednesday 24 September at Hasmonean High School for Boys, Holders Hill Road, Hendon at 8.00 pm. His title is '*Inspiration and Introspection for the Days of Awe.*' Men and women are welcome (separate seating). Donation is £5.

Sidestepping Your Desires by Rabbi Shaul Rosenblatt

This week's Sedra contains a law that, on the surface, is challenging to understand: If a soldier has a passion for a woman in the midst of battle, he must not seduce her. (So far, so good.) Instead, what he should do is bring her home, shave her hair, wait 30 days ... and then seduce her! (Devarim. 21:10-14)

The Sages explain: the Torah is not sanctioning promiscuity. The Torah understands human nature and is giving us laws to help us control it. In the heat and passion of battle, it is difficult to be in full control of oneself. Bullets are whizzing everywhere; hormones are pumping through the body at unnatural levels; values become hazy, at best. And suddenly a soldier bumps into a beautiful woman...

The Torah recognizes that were it to say outright that she is forbidden, the challenge might be too difficult for many to overcome. Instead, it gives the soldier a way to control himself. She is not totally forbidden; you just have to wait 30 days. In this way, the soldier is not faced with a challenge of passion versus values. He can have both; all he has to do is wait. He may still fail the test, but it certainly makes the test easier. And, of course, it is almost guaranteed that by the end of 30 days, with her hair shaven and the battlefield well behind him, his passion will have abated and he will recognize that this is no way to treat another human being.

We see from here that instead of facing undesirable desires straight on, it often makes more sense to sidestep them.

But let's start with the corollary. Your alarm rings at 7 a.m. One part of you says that it's time to get up. Another part says that you'd rather sleep till 10 or 11 or even 12. The latter part knows, however, that it will not succeed in a direct confrontation. So what does it say? Press that most evil of all inventions - the snooze button. Before you know it, in ten minute intervals, you have snoozed yourself through another three hours!

Dealing wisely with unwanted desires - in the same way as they deal wisely with us - is the key to beating them. Here's a practical example:

You are really angry with someone and want to yell at them. So tell yourself that you are going to yell and scream and blow them out the door. Imagine it; fantasize about it; allow your mouth to water in anticipation. Only one thing - do it *tomorrow*. And tomorrow, I guarantee, the passion will dissipate and you will be able to make a more objective decision. Perhaps the person does need telling off - but you will do it in a much healthier and more effective way.

The principle the Torah is teaching is a good one: Don't suppress the desire, work with it instead. Go head-to-head and you will likely lose. Compromise, and your chances of winning are that much greater. It's not guaranteed - because you always have free choice - but you notably increase the odds of getting it right.

Rabbi Rosenblatt grew up in Liverpool. He studied for his Semicha at Aish Hatorah in Jerusalem where he met his first wife Elana a"h who passed away in 2001 after a long struggle with cancer. They had four children together and Shaul has a further two with his second wife Chana, who he married in 2003.

Clayhall United Synagogue

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