



# קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

*Shabbos 6 September 2008/ 6 Ellul 5768*

## *Service Times*

Shacharis	9.00 am
Minchah followed by Seudah	6.55 pm
Shabbos ends	8.24 pm
Shabbos next week	7.08 pm

We wish Mazel Tov to **Alexander Segall** on the occasion of his 21st birthday. Hilary, Robert and Melanie have great pleasure in inviting the community to a Kiddush after the Service in celebration of their Simchah.

We welcome back **Rabbi Wilson** from his summer break. The month leading up to Rosh Hashanah is an ideal time for checking **Mezuzos** to make sure that they are kosher. Rabbi Wilson is happy to get your Mezuzos checked. Please contact him either directly or through the Shul office.

It is now too late to daven Minchah at 7.30 pm on Tuesdays and Wednesdays so we will just be davening Ma'ariv at that time. You can daven Minchah from Monday to Thursday at 1.45 pm in the lounge at RJCC/Clayhall Shul.

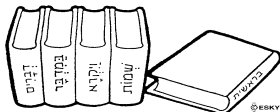
## *Torah Reading*

Leyning: Shoftim  
Hertz p 820, Soncino p 1078  
Haftorah:  
Hertz p 835, Soncino p 1094

*Rabbi Nissan Wilson*

*Alexander Segall*

Times for early morning Selichos will be published in next week's *Clayhall Kehilla*.



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*This week's Clayhall Kehilla is kindly sponsored by  
Hilary & Robert Segall in celebration of Alexander's 21st birthday*

***Children's & Youth Service:*** 10.30 am - 11.30 am

### ***Weekday Services***

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 19 October (Chol Hamoed Succos).

### ***Blue Tzedakah Tins***

The blue tzedakah tins provide a valuable source of extra income. Philip Shamplina has kindly agreed to take over the supervision of the distribution and emptying of the tins. If you would like a tin, please email Philip, shamplina@hotmail.co.uk or call him on 8500 8203. If you have a tin that has not been emptied for some time, Philip will arrange for a collection to be made.

### ***The Shofar of Ellul***

The Rabbis assure us that at essence the Jewish soul remains pure and that even the most difficult Jew can be reached. True, he lacks the words to express his inner stirrings, but sometimes there is the wordless groan of an aching heart that longs to return to its spiritual origins. This is the sound of the Shofar. Its piercing sound symbolises that inarticulate cry of the indelibly stained soul that longs to be cleansed but does not know how. It is a cry that only G-d's ear can comprehend and translate. "Wake up you sleepers from your sleep." The alarm rouses us to Teshuvah; returning to Hashem.

### ***Choral Midnight Selichos***

NEROS in conjunction with the United Synagogue invites you to Choral Midnight Selichos on Motsei Shabbos **20 September 2008** at Ilford Shul. Be inspired by the **Chief Rabbi** and then roused by the stirring melodies of the Shabbaton Choir with Rabbi Lionel Rosenfeld and Chazan Jonny Turgel. The pre-Selichos address is at 11.30 pm followed by Selichos at midnight.

### ***Memorial Forms***

The Memorial forms for Yom Kippur were sent to members this week and they need to be returned as soon as possible to the Shul office together with your donation. The Aliyos letters (where applicable) will be sent out this Monday and they too need to be returned by Thursday 18 September.

### ***Office Help Required***

Michelle is always looking for extra office help especially for Shul mailings. This involves photo copying and envelope stuffing. There are also other tasks that can be done. Please call her on 8551 6533 if you can help out.

## ***Pre-High Holyday Programme***

All sessions start at 8.00 pm and there is a £3 donation per evening. Refreshments are included. Please refer to the leaflet for the titles of each address. This is being sent to members shortly in the mailing.

### **Tuesday 9 September**

Rabbi Nissan Dubov @ Chabad Lubavitch Centre

### **Wednesday 10th September**

Rabbi Yehudah Black @ Ilford United Shul

Rosh Hashanah Workshop @ Newbury Park Shul

### **Monday 15 September**

Rabbi Shmuel Lew @ Loughton Federation

### **Wednesday 17 September**

Rabbi Yaacov Hamer @ Clayhall Shul

Maureen Kendler @ Ilford Federation

### **Thursday 18 September**

Rabbi David Lister @ Chigwell &

Rabbi Yisroel Fine @ Wanstead & Woodford Shul

**The Shul mailing with details of the Yomim Noraim tickets & other items is going out shortly to members**

## ***Hachnosas Sefer Torah***

Tomorrow, Sunday 7 September, Rabbi Alex Chapper and the Honorary Officers of **Ilford Federation Shul** invite you to a Hachnosas Sefer Torah (Torah donated by members of the community) at the Shul in Coventry Road at 3.00 pm. Minchah will be at 4.00 pm followed by a buffet reception. Completion of the letters will be at 367 Cranbrook Road between 12.30 pm and 2.00 pm followed by a street procession to the Shul.

## ***Pre-High Holyday Programme***

On Wednesday 17th September, Clayhall is hosting the annual Pre-High Holyday Programme. The lecture will be delivered at 8.00 pm by **Rabbi Yaakov Hamer**, of the Finchley Federation Synagogue. His title is "*The Mysterious Joy of Rosh Hashanah.*" (£3 entrance). On Tuesday 23rd September, the **Chief Rabbi, Sir Jonathan Sacks**, will give the keynote address again at 8.00 pm followed by a Tzivos Hashem Shofar making factory. There is a £4 entrance charge payable in advance through the Shul office.

## ***Public Lecture: Rabbi Paysach Krohn***

The renowned international speaker, master storyteller and acclaimed author, **Rabbi Paysach Krohn**, is speaking on Wednesday 24 September at Hasmonean High School for Boys, Holders Hill Road, Hendon at 8.00 pm. His title is '*Inspiration and Introspection for the Days of Awe.*' Men and women are welcome (separate seating). Donation is £5.

## ***Practice What You Preach by Adam Lieberman***

In this week's Sedra, Moshe instructs the Jewish people on additional mitzvos they need to observe. He tells them that when they appoint a king, the king: "...shall write for himself two copies of this Torah ... it shall be with him, and he shall read from it all the days of his life."

(Devarim 17: 18-19)

### **A LIFE LESSON**

G-d wants the king to have a Torah - with all its commandments - in his personal possession at all times. Why would a king, the very person in charge of telling others what to do, have to do this? It is because all too often we'll see people who are in charge decide - whether consciously or not - to have one set of rules for themselves and a completely different set of rules for everyone else. Why is it that people "in charge" so often believe that one set of rules should apply to them and another set to everyone else? The reason is when you're the one barking out orders, it's very easy to forget that you too have a boss to answer to - one named G-d. This is precisely the reason G-d wants every king not only to possess two Torah scrolls, but actually to keep one with him at all times. Every place a king goes (except in unclean places) the Torah goes with him as well. Clearly, there are many perks with being a king, and a king is certainly entitled to all of them. But his underlying behaviour must be to abide by G-d's rules, not his own. The powerful message is very clear. There cannot be one set of rules for a leader and another for his followers. G-d tells the Jewish people that kings and their followers must all live by the same rules.

We see this happening in our own lives all the time. Parents instruct their children never to lie, but when the same child answers the telephone, the parent may quietly whisper, "Tell him I'm not home." This is the exact behaviour that G-d wants us to avoid at all costs.

And in everyday situations, sound advice you readily give to others you should also start taking for yourself. Practice what you preach. Live by the same words you give to friends, family, and co-workers, and don't feel you're above any of it. This will force you to grow in ways you've never imagined, and that's exactly what G-d had in mind.

***Adam Lieberman*** is a business consultant. He also runs a non-profit foundation which helps Jews of all backgrounds to see the beauty and relevance of their heritage. He lives in New Jersey with his wife and children

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