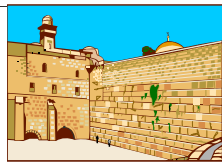




קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 30 August 2008/ 29 Menachem Av 5768

Service Times (Shabbos Mevorachim)

Shacharis	9.00 am
Minchah followed by Seudah	7.10 pm
Shabbos ends	8.41 pm
Shabbos next week	7.24 pm

We welcome back **Yitzchak Mordfield** who will be leyning for us over Shabbos. We also thank **Eli Simons** for leyning on Monday and Thursday this week.

Today is Shabbos Mevorachim when we bless the new month of Ellul. **Rosh Chodesh** is Sunday and Monday, 31st August/1st September. Shacharis tomorrow will be slightly earlier at 8.00am followed by our monthly smoked salmon and beigel breakfast. The usual sumptuous early morning feast is worth getting up for! On Monday morning, davening starts at 6.45 am. From Monday the Shofar is blown each morning (except Shabbos) in the lead up to Rosh Hashanah. There are details of the pre-High Holyday programme inside the Clayhall Kehilla. The keynote address by the **Chief Rabbi** is on Tuesday 23rd September at 8.00pm.

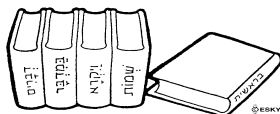
Torah Reading

Leyning: Re'eh
Hertz p 799, Soncino p 1055
Haftorah:
Hertz p 818, Soncino p 1076

Yitzchak Mordfield

Gabriel Simons

After a two week break, the Clayhall Kehilla has returned refreshed and rejuvenated!



*This week's Clayhall Kehilla is kindly sponsored by
Raya and Gabriel Simons in celebration of the birth of Dovid Ezra*

Children's & Youth Service: 10.30 am - 11.30 am

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 31st August.

Blue Tzedakah Tins

The blue tzedakah tins provide a valuable source of extra income. Philip Shamplina has kindly agreed to take over the supervision of the distribution and emptying of the tins. If you would like a tin, please email Philip, shamplina@hotmail.co.uk or call him on 8500 8203. If you have a tin that has not been emptied for some time, Philip will arrange for a collection to be made.

The Shofar of Ellul

The Rabbis assure us that at essence the Jewish soul remains pure and that even the most difficult Jew can be reached. True, he lacks the words to express his inner stirrings, but sometimes there is the wordless groan of an aching heart that longs to return to its spiritual origins. This is the sound of the Shofar. Its piercing sound symbolises that inarticulate cry of the indelibly stained soul that longs to be cleansed but does not know how. It is a cry that only G-d's ear can comprehend and translate. "Wake up you sleepers from your sleep." The alarm rouses us to Teshuvah; returning to Hashem.

Choral Midnight Selichos

NEROS in conjunction with the United Synagogue invites you to Choral Midnight Selichos on Motsei Shabbos **20 September 2008** at Ilford Shul. Be inspired by the **Chief Rabbi** and then roused by the stirring melodies of the Shabbaton Choir with Rabbi Lionel Rosenfeld and Chazan Jonny Turgel. The pre-Selichos address is at 11.30 pm followed by Selichos at midnight.

Club 100

"You have to be in to win it!" and the 2008/09 Club 100 tickets are now on sale for a very reasonable £10 each. There are two annual draws at Rosh Hashanah and Pesach. The first prize is an attractive £150 and there are two runners-up prizes of £50. You have until 11th September to buy your ticket(s).

Office Help Required

Michelle is always looking for extra office help especially for Shul mailings. This involves photo copying and envelope stuffing. There are also other tasks that can be done. Please call her on 8551 6533 if you can help out.

Pre-High Holyday Programme

All sessions start at 8.00 pm and there is a £3 donation per evening. Refreshments are included. Please refer to the leaflet for the titles of each address. This is being sent to members shortly in the mailing.

Tuesday 9 September

Rabbi Nissan Dubov @ Chabad Lubavitch Centre

Wednesday 10th September

Rabbi Yehudah Black @ Ilford United Shul

Rosh Hashanah Workshop @ Newbury Park Shul

Monday 15 September

Rabbi Shmuel Lew @ Loughton Federation

Wednesday 17 September

Rabbi Yaacov Hamer @ Clayhall Shul

Maureen Kendler @ Ilford Federation

Thursday 18 September

Rabbi David Lister @ Chigwell &

Rabbi Yisroel Fine @ Wanstead & Woodford Shul

The Shul mailing with details of the Yomim Noraim tickets & other items is going out shortly to members

Choose Life

A person holds in his hand the power to do good or evil. "Behold, I give before you today a blessing and a curse (11:26). You may go on whichever path you choose, but I warn you to go upon the path of goodness, as the verse says, "Choose Life" (30:19). Walk on the path of righteousness and through this choose life for yourself. G-d gave the choice of being good or wicked into man's hands. If he chooses to be pious, he receives reward; if he chooses to sin, G-d punishes him.

Pre-High Holyday Programme

On Wednesday 17th September, Clayhall is hosting the annual Pre-High Holyday Programme. The lecture will be delivered at 8.00 pm by **Rabbi Yaakov Hamer**, of the Finchley Federation Synagogue. His title is "*The Mysterious Joy of Rosh Hashanah.*" (£3 entrance). On Tuesday 23rd September, the **Chief Rabbi, Sir Jonathan Sacks**, will give the keynote address again at 8.00 pm followed by a Tzivos Hashem Shofar making factory. There is a £4 entrance charge payable in advance through the Shul office.

Clayhall Cares

The Shul has a dedicated group to support those in need. This could include hospital visiting, shopping, phone calls, etc. Often, it can be frustrating when the Rabbi or Michelle are not made aware of a particular pertinent care issue - and people then wonder why nobody has been in touch! So please do give the Shul a call so that we can help.

***G-d is Watching* by Adam Lieberman**

In this week's Sedra, Moshe tells the Jewish people additional commandments they need to follow. And then he implores upon them to: "...*do what is good and right in the eyes of G-d.*" (Devarim 12:28)

A LIFE LESSON

It seems rather obvious for Moshe, the leader of the Jewish people, to tell his followers to do what is right in the eyes of G-d. But this really isn't as much of a rhetorical statement as one might think. We live in a society where we care enormously about what **other people** think about us. Whether you're aware of it or not, the things you say, the clothes you wear, and the places you shop are influenced largely by the perception you want to give to others. This is precisely why in public we might act one way towards someone, but in private - outside the watchful eyes of those we so much want to impress - we will act in a completely different way.

When Moshe told the Jews to *do what is good and right in the eyes of G-d*, he was teaching us all a life-changing insight: G-d is everywhere. He's right next to you as you're reading this. And He "follows" you when you walk to your car, and He sits right next to you at work. There isn't a cubic foot of space in which G-d is not completely and totally present and aware of everything this is being said and done. Remember, when it comes to G-d's presence, there's no such thing as privacy. G-d is always right there.

In New York City's Time Square there exists a massive television screen called the JumboTron. Thousands of people - some as far as 20 city blocks away - can see whatever images are displayed on this screen. What if you lived your life as though it was being shown live on the JumboTron? How much different would you act if everything you did was being broadcast in real-time on this giant screen?

But that's exactly the powerful message that G-d's teaching us. We **are** on this screen and G-d is observing everything. So instead of doing what looks right in the eyes of your co-workers and friends, listen to the words of Moshe. Concern yourself with impressing the One who truly wants you to become great and strive *to do what is good and right in the eyes of G-d.*

Adam Lieberman is a business consultant. He also runs a non-profit foundation which helps Jews of all backgrounds to see the beauty and relevance of their heritage. He lives in New Jersey with his wife and children

Clayhall United Synagogue

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