



# קליהל קהילה



The weekly newsheet of Clayhall United Synagogue

*Shabbos 2 August 2008/ 1 Menachem Av 5768*

## *Service Times (Rosh Chodesh Av)*

Shacharis	9.00 am
Pre-Shabbos Minchah Shiur	7.25 pm
Minchah followed by Seudah	8.10 pm
Ma'ariv & Shabbos ends	9.43 pm
Shabbos next week	7.30 pm

Today is **Rosh Chodesh Av** and the beginning of the period called the "*Nine Days*" that culminates with Tisha B'Av next Saturday night/Sunday 9th & 10th August. There are more details inside your *Clayhall Kehilla*. During this latter part of the "*Three Weeks*", we refrain from eating meat and drinking wine (except on Shabbos) as a further intensification of our mourning for the Destruction of both Temples.

The **full Hallel** is recited this morning before leynung and two Sifrei Torah are removed from the Ark. Today's Haftorah is not that of Shabbos Rosh Chodesh but rather the Sedra of Masei as it continues the theme of the 3 special *Haftorahs of Rebuke*.

## *Torah Reading*

Leynung: Masei (Shabbos Chazak)

**Rabbi Nissan Wilson**

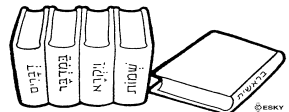
Hertz p 714, Soncino p 971

Maftir: **H** p 695, **S** p 944/5 (Bamidbar 28:9-15)

Haftorah:

**Anton Ereira**

Hertz p 725, Soncino p 984



"The Gan" an IJPS pre-school nursery for children aged 2-3 years, opens this September. Further details are available from the school on 8551 4294.

*This week's Clayhall Kehilla is kindly sponsored by  
Ruth & Mervyn Lyndon in celebration of their wedding anniversary*

**Children's & Youth Service:** 10.30 am - 11.30 am

### ***Weekday Services***

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 3rd August & 7th September.

### ***Tisha B'Av Evening***

The Fast of Av, the saddest day in the Jewish calendar begins on Saturday evening 9 August at 8.34 pm and ends on Sunday 10 August at 9.21 pm. We will daven Shabbos Minchah at **7.10 pm** followed by the Seudah Shilishis but without the usual happy banter. Ma'ariv commences at **9.29 pm**.

### ***Choral Midnight Selichos***

NEROS in conjunction with the United Synagogue invites you to Choral Midnight Selichos on Motsei Shabbos **20 September 2008** at Ilford Shul. Be inspired by the **Chief Rabbi** and then roused by the stirring melodies of the Shabbaton Choir with Rabbi Lionel Rosenfeld and Chazan Jonny Turgel. The pre-Selichos address is at 11.30 pm followed by Selichos at midnight.

### ***Club 100***

"You have to be in to win it!" and the 2008/09 Club 100 tickets are now on sale for a very reasonable £10 each. There are two annual draws at Rosh Hashanah and Pesach. The first prize is an attractive £150 and there are two runners-up prizes of £50. You have until 11th September to buy your ticket(s).

### ***Tisha B'Av Programme***

Shacharis will be at **8.30 am** on Sunday 10th August followed by explanatory Kinnos led by **Rabbi Wilson**. These are poems of lament depicting the catastrophic Destruction of both Temples as well as other tragedies that befell the Jewish People. We are privileged that **Bobby Obuchowski** will speak about his own experiences in the Holocaust followed by questions and answers. The Services concludes at Halachic mid-day around 1.00 pm. Minchah starts at **6.30 pm**. This will be immediately followed by the 2008/5768 Tisha B'Av DVD of the **Chofetz Chaim Heritage Foundation**. Their wonderful audio-visual presentation is by the renowned speakers, **Rabbi Mordechai Becher** and **Rabbi Zev Leff** with a special message from **HaGaon HaRav Shmuel Kamenetsky, shlita**. The film is called "*Leaving Envy Behind: Decency, Derech Eretz and the Destruction of the Temple.*" After the DVD, we will daven Ma'ariv at about 8.45 pm. The Fast finishes at 9.27 pm.

## *The Three Weeks: A Brief Overview*

For 830 years, there stood an edifice upon a Jerusalem hilltop which served as the point of contact between heaven and earth. So central was this edifice to the relationship between man and G-d that nearly two-thirds of the mitzvos are contingent upon its existence. Its destruction is regarded as the greatest tragedy of our history, and its rebuilding will mark the ultimate redemption; the restoration of harmony within G-d's creation and between G-d and His creation. A full three weeks of our year, the three weeks "between the strictures" of Tammuz 17 and Av 9, are a time of mourning over the destruction of the Temple and the resultant galus – our current physical exile and spiritual displacement. During the Three Weeks we read the "Three of Rebuke"-three weekly readings from the Prophets which prophesy the Destruction, describe the sins which caused it, and admonish us to repent our ways. During the Three Weeks, no weddings or other joyous events are held; like mourners, we do not cut our hair or purchase new clothes. Additional mourning practices are assumed during the "Nine Days" beginning on Av 1, such as not eating meat, drinking wine and enjoying music.

**If any regular Shacharis attenders are going away over the summer, please let either Lester or Leslie know so that gaps can be filled!**

### *Sunday Breakfast*

Tomorrow is our monthly smoked salmon and beigel breakfast replete with many other mouth-watering delicacies. Davening starts at 8.15 am with breakfast at about 9.00 am. If you would like to sponsor a breakfast to celebrate a simchah on the occasion of a Yahrzeit, please speak to the Shul office. The cost is £35. Sponsoring a Shabbos Seudah is just £15.

### *Pre-High Holyday Programme*

On Wednesday 17th September, the annual Pre-High Holyday Programme kicks off at RJCC. The opening lecture will be delivered at 8.00 pm by **Rabbi Yaakov Hamer**, of the Finchley Federation Synagogue. His title is "*The Mysterious Joy of Rosh Hashanah.*" (£3 entrance). On Tuesday 23rd September, the **Chief Rabbi, Sir Jonathan Sacks**, will give the keynote address again at 8.00 pm followed by a Tzivos Hashem Shofar making factory. There is a £4 entrance charge payable in advance through the Shul office.

### *Clayhall Cares*

The Shul has a dedicated group to support those in need. This could include hospital visiting, shopping, phone calls, etc. Often, it can be frustrating when the Rabbi or Michelle are not made aware of a particular pertinent care issue - and people then wonder why nobody has been in touch! So please do give the Shul a call so that we can help.

## ***The Chofetz Chaim Heritage Foundation***

"50,000 people will gather in 600 cities worldwide on Tisha B'Av 5768, 10 August 2008. In what has become the world's largest annual Torah event, this is now the 15th annual Tisha B'Av programme. It sets before Jewish people across the globe an unparalleled opportunity to achieve tremendous spiritual momentum.

On the day that marks the Jewish people's national tragedy, it is particularly fitting for us to gather together all over the world to learn about the Torah's wisdom on human relationships, and to work on shedding the attitudes that brought them into exile.

Envy is a trait which the Torah said drives a person from this world. In the throes of envy, so to resentment, hatred, and emotional pain are constant companions and most can well relate to the pernicious foe that envy embodies. Whether it crouches quietly in the corner of our minds or casts its shadow over every part of our lives, envy resides in almost all of us. The result is that our love for our fellow Jew is stunted. Everyone becomes a competitor whose gain is, by default, our loss. Even worse, envy destroys our faith in Hashem as well as we constantly question His supervision of the world and whether there really is 'fair' distribution amongst us.

At the Chofetz Chaim Heritage Foundation's new World-Wide Tisha B'Av Event, "*Leaving Envy Behind: Decency, Derech Eretz and the Destruction of the Temple*," two world renowned speakers, **Rabbi Mordechai Becher** and **Rabbi Zev Leff**, will reveal the inner workings of *sinas chinom* (baseless hatred) and the deeper meaning of *ahavas Yisrael* (loving one's fellow). They will provide viewers with a clear vision of the path that leads to the ultimate perfection of the world.

In cities, summer camps and kehillas over the world, Jewish people will be joining together to learn how to finally break free of the habits and mind-sets that divide us. They will learn how to reset their focus to see past the differences to the many essential qualities that unite us as Hashem's children. During the past 18 years, the Tisha B'Av event has become a focal point for Jews worldwide.

As the day that commemorates the destruction of both the First and Second Temples, it is observed as a day of fasting and mourning. The World-Wide Event helps put these rituals into context, inspiring people to work together, bolstered by a sense of unity, toward real strides in the areas of spiritual growth and self improvement that ultimately brings harmony to the world."

### ***Clayhall United Synagogue***

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