



קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 26 July 2008/ 23 Tammuz 5768

Service Times (Shabbos Mevorachim)

Shacharis	9.00 am
Pre-Shabbos Minchah Shiur	7.40 pm
Minchah followed by Seudah	8.25 pm
Ma'ariv & Shabbos ends	9.56 pm
Shabbos next week	7.30 pm

Welcome to Clayhall's annual *Pimms, Stella and Ice Cream Shabbos!* After the Service and before Kiddush, Rabbi Wilson will talk about '**Alcohol and Substance Abuse in Jewish Thought.**' He will address the community from the Bimah so please stay in your seats after *Adon Olam*. Rabbi Wilson's D'var Torah will of course encourage moderate and sensible drinking at the Kiddush where it will be expressly forbidden to mix Stella with Pimms!

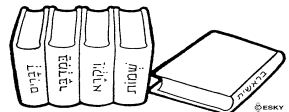
Today is **Shabbos Mevorachim** when we bless the new month of Menachem Av. Rosh Chodesh Av is next Shabbos. During the semi-mourning period of the 'Three Weeks' we don't listen to music, have haircuts or weddings, or buy new clothes.

Torah Reading

Leyning: Mattos
Hertz p 702, Soncino p 955
Haftorah:
Hertz p 710, Soncino p 968

Rabbi Nissan Wilson

Alexander Segall



"The Gan" an IJPS pre-school nursery for children aged 2-3 years, opens this September. Further details are available from the school on 8551 4294.

This week's Clayhall Kehilla is kindly sponsored by those grand old members Stella and Pimms

Children's & Youth Service: 10.30 am - 11.30 am

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 3rd August & 7th September.

Tisha B'Av Evening

The Fast of Av, the saddest day in the Jewish calendar begins on Saturday evening 9 August at 8.34 pm and ends on Sunday 10 August at 9.21 pm. We will daven Shabbos Minchah at **7.10 pm** followed by the Seudah Shilishis but without the usual happy banter. Ma'ariv commences at **9.29 pm**.

Choral Midnight Selichos

NEROS in conjunction with the United Synagogue invites you to Choral Midnight Selichos on Motsei Shabbos **20 September 2008** at Ilford Shul. Be inspired by the **Chief Rabbi** and then roused by the stirring melodies of the Shabbaton Choir with Rabbi Lionel Rosenfeld and Chazan Jonny Turgel. The pre-Selichos address is at 11.30 pm followed by Selichos at midnight.

Chasanim/Eshes Chayil

We are delighted that **Rabbi Nissan Wilson, Robin Abrahams** and **Rosalind Jessener** have accepted the honour of Chasan Torah, Chasan Bereishis and Eshes Chayil respectively for 5769. We wish Mazel Tov to the celebrants and their families. The Kehilla looks forward to celebrating in due course!

Tisha B'Av Programme

Shacharis will be at **8.30 am** on Sunday 10th August followed by explanatory Kinnos led by **Rabbi Wilson**. These are poems of lament depicting the catastrophic Destruction of both Temples as well as other tragedies that befell the Jewish People. We are privileged that **Bobby Obuchowski** will speak about his own experiences in the Holocaust followed by questions and answers. The Services concludes at Halachic mid-day around 1.00 pm. Minchah starts at **6.30 pm**. This will be immediately followed by the 2008/5768 Tisha B'Av DVD of the **Chofetz Chaim Heritage Foundation**. Their wonderful audio-visual presentation is by the renowned speakers, **Rabbi Mordechai Becher** and **Rabbi Zev Leff** with a special message from **HaGaon HaRav Shmuel Kamenetsky, shlita**. The film is called "*Leaving Envy Behind: Decency, Derech Eretz and the Destruction of the Temple.*" After the DVD, we will daven Ma'ariv at about 8.45 pm. The Fast finishes at 9.27 pm.

The Three Weeks: A Brief Overview

For 830 years, there stood an edifice upon a Jerusalem hilltop which served as the point of contact between heaven and earth. So central was this edifice to the relationship between man and G-d that nearly two-thirds of the mitzvos are contingent upon its existence. Its destruction is regarded as the greatest tragedy of our history, and its rebuilding will mark the ultimate redemption; the restoration of harmony within G-d's creation and between G-d and His creation. A full three weeks of our year, the three weeks "between the strictures" of Tammuz 17 and Av 9, are a time of mourning over the destruction of the Temple and the resultant galus – our current physical exile and spiritual displacement. During the Three Weeks we read the "Three of Rebuke"-three weekly readings from the Prophets which prophesy the Destruction, describe the sins which caused it, and admonish us to repent our ways. During the Three Weeks, no weddings or other joyous events are held; like mourners, we do not cut our hair or purchase new clothes. Additional mourning practices are assumed during the "Nine Days" beginning on Av 1, such as not eating meat, drinking wine and enjoying music.

If any regular Shacharis attenders are going away over the summer, please let either Lester or Leslie know so that gaps can be filled!

Loshon Hora

Loshon Hora is a weapon manufactured solely from words, yet the Torah considers the harm those words create to be massive. So sharp a wedge does *loshon hora* drive between a Jew and Hashem that it even deprives him of Divine assistance in a time of need. The sheer number of Torah directives relating to speech has no other direct parallel.

Today in History (23 Tammuz)

In 1099, Crusaders captured Jerusalem. The Crusaders were a Church-sponsored movement to "liberate the Holy Land from the infidels." En route, the Crusaders carried out a campaign of rape and pillage; an estimated 40% of European Jewry was slaughtered in the process. The day following their conquest of Jerusalem, the Crusaders murdered all the city's Jews, by herding them into a synagogue and setting it on fire. Jews were barred from Jerusalem for the next century. Muslims also suffered from the Crusaders.

Clayhall Cares

The Shul has a dedicated group to support those in need. This could include hospital visiting, shopping, phone calls, etc. Often, it can be frustrating when the Rabbi or Michelle are not made aware of a particular pertinent care issue - and people then wonder why nobody has been in touch! So please do give the Shul a call so that we can help.

The Chofetz Chaim Heritage Foundation

"50,000 people will gather in 600 cities worldwide on Tisha B'Av 5768, 10 August 2008. In what has become the world's largest annual Torah event, this is now the 15th annual Tisha B'Av programme. It sets before Jewish people across the globe an unparalleled opportunity to achieve tremendous spiritual momentum.

On the day that marks the Jewish people's national tragedy, it is particularly fitting for us to gather together all over the world to learn about the Torah's wisdom on human relationships, and to work on shedding the attitudes that brought them into exile.

Envy is a trait which the Torah said drives a person from this world. In the throes of envy, resentment, hatred, and emotional pain are constant companions and most can well relate to the pernicious foe that envy embodies. Whether it crouches quietly in the corner of our minds or casts its shadow over every part of our lives, envy resides in almost all of us. The result is that our love for our fellow Jew is stunted. Everyone becomes a competitor whose gain is, by default, our loss. Even worse, envy destroys our faith in Hashem as well as we constantly question His supervision of the world and whether there really is 'fair' distribution amongst us.

At the Chofetz Chaim Heritage Foundation's new World-Wide Tisha B'Av Event, "*Leaving Envy Behind: Decency, Derech Eretz and the Destruction of the Temple*," two world renowned speakers, **Rabbi Mordechai Becher** and **Rabbi Zev Leff**, will reveal the inner workings of *sinas chinom* (baseless hatred) and the deeper meaning of *ahavas Yisrael* (loving one's fellow). They will provide viewers with a clear vision of the path that leads to the ultimate perfection of the world.

In cities, summer camps and kehillas over the world, Jewish people will be joining together to learn how to finally break free of the habits and mind-sets that divide us. They will learn how to reset their focus to see past the differences to the many essential qualities that unite us as Hashem's children. During the past 18 years, the Tisha B'Av event has become a focal point for Jews worldwide.

As the day that commemorates the destruction of both the First and Second Temples, it is observed as a day of fasting and mourning. The World-Wide Event helps put these rituals into context, inspiring people to work together, bolstered by a sense of unity, toward real strides in the areas of spiritual growth and self improvement that ultimately brings harmony to the world."

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