



קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 5 July 2008/ 2 Tammuz 5768

Service Times

Shacharis	9.00 am
Pre-Shabbos Minchah Shiur	8.10 pm
Minchah followed by Seudah	8.55 pm
Ma'ariv & Shabbos ends	10.24 pm
Shabbos next week	7.30 pm

The **Clayhall Shabbaton**, our annual flagship event takes place next Shabbos 12th July 2008. **Rabbi Danny Kirsch**, founder and director of the 'Jewish Learning Exchange' is our fantastic guest speaker. Although details are inside the Clayhall Kehilla, Rabbi Wilson and the Honorary Officers are very keen to maximise attendance. The programme will appeal to all ages and separate activities will be arranged for young people. This is your last chance to apply. The forms must be returned and places paid for by tomorrow, Sunday 6 July 2008.

Tomorrow morning after Shacharis, Clayhall will be holding the monthly smoked salmon and beigel **breakfast** replete with other delicious delicacies. Davening begins as usual at 8.15pm.

Torah Reading

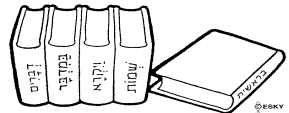
Leyning: Chukas
Hertz p 652, Soncino p 898

Haftorah:
Hertz p 664, Soncino p 911

Rabbi Nissan Wilson

Rabbi Nissan Wilson

"The Gan" an IJPS pre-school nursery for children aged 2-3 years, opens this September. Further details are available from the school on 8551 4294.



This week's Clayhall Kehilla is sponsored by Natalie & Richard Rubin on the birth of their first grand-daughter in Israel

Children's & Youth Service: 10.30 am - 11.30 am

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 6th July & 3rd August.

Have a go Haftorah!

Something raised at the AGM was the chance for people to sing a Haftorah, often after many years since the last time. It might be for the anniversary of a Bar Mitzvah or special Simchah. With a little effort and help, this is quite possible to the extent of teaching small groups the individual notes so that they can become self sufficient for the future. If you think this would be of benefit, please speak to Lester.

Contemporary Series

The final talk in Rabbi Wilson's third series takes place on **Tuesday 8 July**.

The title is: *The Divine Origin of the Torah* @ chez Miller: 4 Stalham Way, Oakwood Gate, Hainault.

It begins at 8.30 pm followed by a discussion and refreshments.

Tisha B'Av

The Fast of Av, the saddest day in the Jewish calendar begins on Saturday evening 9 August at 8.34 pm and ends on Sunday 10 August at 9.21 pm. On Sunday afternoon, Rabbi Wilson will be organising an appropriate event in keeping with the sombre mood of the day. More details will follow shortly.

Fast of Tammuz

The Fast of Tammuz begins at 1.05am on **Sunday 20 July** and ends at 10.00pm the same day.

The Fast starts the period of 'The Three Weeks' of mourning culminating with Tisha B'Av on 10 August. The 17th of Tammuz (*Sheva Asar B'Tammuz*)

commemorates the breaching of the walls of Jerusalem by Titus at the time of the Second Temple. At the time of the destruction of the First Temple, the walls were breached on the 9th of Tammuz. In order not to burden the community excessively the Rabbis did not designate both days as fast days because of their proximity. They rather chose the 17th of Tammuz to honour both events since the Second Temple's destruction is to us a greater calamity than that of the first destruction.

We will daven Shacharis at the normal time of **8.15 am**. This will include Selichos and leyning and last about 30 minutes longer than usual. Minchah will begin at **8.30 pm** immediately followed by Ma'ariv.

Football Fun & Aching Limbs

Last Sunday's inaugural Clayhall 5-a-side football tournament witnessed heavenly heroics, silky skills, youthful exuberance, embarrassing episodes and too many aching and sore limbs! The eventual winners, *Rabbi's Raiders* clearly had an unfair advantage with Divine assistance in the shape of Rabbi "Torres" Wilson. **Adam Noble's** ferocious shooting and **Richard Jay's** penetrating runs (often with the ball) were the difference. The final against *Merv's Marauders* proved just one too many mountains to climb for the five worn out 40 year olds! **Brad Mervish** had already limped off by kicking the fence instead of the ball earlier on and that left an ageing team with no subs to call on. Despite holding a 1-0 half-time lead, *Rabbi's Raiders* ran out 4-2 winners with some lucky finishing and a cheeky Ronaldo style back-flip from **Cristiano Noble**. Four Goldberg's and one awesome Alicoon in goal played some good football and **Aron "Cesc" Goldberg** certainly caught the eye with deft dribbling. **Bernie Jay** came out of retirement to play a stunning cameo role as goal stopper and scorer; just how does he do it at his age? The welcome **BBQ** replete with Stella and Old Hens rounded off a great afternoon. What's next?

Book your Rosh Hashanah greetings in the Shul magazine. Spare forms are available from the Shul office. Don't delay.

Israel60 Shiur

Rabbi Aryeh Sufrin is this afternoon's speaker from the local summer shiurim of Redbridge Rabbonim. It takes place at 15 Highwood Gardens, Clayhall at 6.00 pm. His title is: "Freedom to Choose." Each of the five shiurim take Israel@60 as their central theme. Next week sees the turn of **Rabbi Alex Chapper** of Ilford Federation Shul. Title coming shortly!

Clayhall Community Shabbaton

Rabbi Danny Kirsch, founder and director of the 'Jewish Learning Exchange' is Clayhall's outstanding guest speaker at our annual Shabbaton on **12 July 2008**. Including a hot cholent and buffet Kiddush, a Community Shabbos lunch and finishing with ice creams all round. This is a not-to-be-missed event. '**Mission Impossible: A History of the Outreach Movement**' is Rabbi Kirsch's keynote address before lunch. His second talk is called "What we 'owe' our children." There will also be special programmes for young people.

Five Calamities of 17 Tammuz

Apart from the breaching of the Jerusalem walls already mentioned, the first set of Tablets were broken when Moshe descended from Sinai and saw the Jewish people worshiping the golden calf. The daily sacrificial offering ceased in the first Temple since *Cohanim* no longer found sheep available for the offerings. At the destruction of the second Temple, Apostomous the wicked burned the Torah and placed an idol in the sanctuary.

The Real Seed of Greatness by Adam Lieberman

In this week's Sedra, G-d tells the Jewish people about a fascinating law they need to follow. The commandment is that if the Jewish people find a cow that's completely red in colour, they should burn the cow and use the ashes for a purification process. G-d tells the Jews that all the people involved in doing this will become spiritually contaminated themselves, but the ashes that result from this burning are then collected and: *"the ash of the cow... is for purification."* (Bamidbar 19:9)

A LIFE LESSON

The law of the red heifer is considered to be a paradox. G-d said that anyone who's involved in the preparation of producing the ashes from the red cow - whether he is the one who slaughters it, burns it, or collects its ashes - becomes spiritually contaminated. However, the ashes themselves can then be used to **purify** someone. The very same ashes that made a Jew impure are the exact same ashes that are used to make someone pure. While on the surface this seems highly illogical, there is a powerful life-changing message for us to appreciate in this day and age. We all engage in some sort of behaviour that we want to change. Whether it's our unhealthy diet, lack of exercise, unproductive thoughts, or poor character traits - there are things we all do that we truly wish we didn't. And we've all reached the point at some moment in our lives when one of these things gets out of hand. We just get fed up with what we're doing, a mental line gets crossed, and we know a serious change must take place. A newfound desire to take action occurs because we see clearly that this behaviour is preventing us from living a happy life. Before the change, we first hit rock bottom in this specific area, and experienced a sense of "impurity".

But it was this impure behaviour that got to a point where a change had to take place. **Therefore, it's actually the negative behaviour itself that causes you to change.** Sometimes it's the negative association and impact of your poor behaviour that serves as the catalyst for this change to take place. So the very act that was so impure is now the very same act that allows you make a real change. The ashes of the red cow are impure - just like our poor choices are. But when the discontent or outright disgust of our past behaviour becomes the strong impetus to finally take serious action, this negative behaviour now becomes the pathway for a purification of your soul. G-d doesn't want us to live a life of regret or to beat ourselves up for making the same poor choices over and over again. But G-d does want us to grow and change, and He's giving us an amazing insight on how to do it in the healthiest way. And that's when you think about your negative behaviour and you truly get fed up about it, instead of getting upset for your inability to change, use your frustration, pain, and discontent **as the very reason to change.** By doing this, you will have elevated your past impure actions into one of purity. Always remember, G-d demands that we become great. And He's giving us an amazing vehicle to get there.

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