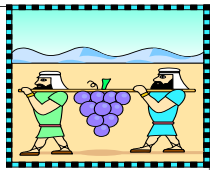




קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 21 June 2008/ 18 Sivan 5768

Service Times

Shacharis	9.00 am
Pre-Shabbos Minchah Shiur	8.10 pm
Minchah followed by Seudah	8.55 pm
Ma'ariv & Shabbos ends	10.28 pm
Shabbos next week	7.30 pm

The **Clayhall Shabbaton**, our annual flagship event takes place on Shabbos 12th July 2008. **Rabbi Danny Kirsch**, founder and director of the 'Jewish Learning Exchange' is our fantastic guest speaker. Although more details are inside the Clayhall Kehilla, Rabbi Wilson and the Honorary Officers are very keen to maximise attendance. The programme will appeal to all ages and separate activities will be arranged for young people. Please return the application forms as soon as possible.

The inaugural **Clayhall 5-a-side football competition** will take place tomorrow afternoon at RJCC at 3.00 pm followed by a BBQ at chez Wilson. If you are wise enough not to be playing, you might like to amuse the time away by spectating!

Torah Reading

Leyning:

Hertz p 623, Soncino p 860

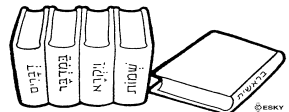
Dov Bodlander

Haftorah:

Hertz p 635, Soncino p 875

Ian Grant

Ian Grant will be reciting Haftorah today on the 1st anniversary of his Bar Mitzvah.



©EBKY

This week's Clayhall Kehilla is kindly sponsored by Ruth & Mervyn Lyndon in celebration of Deborah's 22nd birthday

Children's & Youth Service: 10.30 am - 11.30 am

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 6th July & 3rd August.

Have a go Haftorah!

Something raised at the AGM was the chance for people to sing a Haftorah, often after many years since the last time. It might be for the anniversary of a Bar Mitzvah or special Simchah. With a little effort and help, this is quite possible to the extent of teaching small groups the individual notes so that they can become self sufficient for the future. If you think this would be of benefit, please speak to Lester.

The 20th of Sivan

The 20th of Sivan (23rd June) is a day on which the Jewish communities in Europe repeatedly suffered calamities and annihilation. Rabenu Tam and the French sages of the time, designated this day as a public fast day because of the tragedies which befell their communities on that day in 1171. In 1650, the sages of the generation reconfirmed the 20th Sivan as a public fast, after the persecutions, brutalities and killings which befell Polish Jewry in the years 1648-49. The tyrant, Bogdan Chmielnicki, at the head of the wild Cossack armies destroyed hundreds of Jewish villages and slew many tens of thousands of Jews. Poland was then the major European Jewish centre.

Caribbean Dinner

Reconnect is holding a great Caribbean Friday Night Dinner for young professionals aged 20-30 years on **Friday 11 July** here at RJCC. Rabbi Danny Kirsch from the Jewish Learning Exchange is the guest speaker. Their last dinner attracted 80 young people. You are assured of "plenty of drinks with special cocktails from the Caribbean." Moreover, the atmosphere will be warm, friendly and informal. The cost is just £10 per person and you can apply online at www.reconnectuk.org or you can phone 07990 506 079 for further details.

Contemporary Series

Tuesday 24 June: *The Lost Ten Tribes* @ chez Lyndon:
Address from the office
Tuesday 8 July: *The Divine Origin of the Torah* @ chez Miller: Address from the office
They begin at 8.30 pm followed by questions and answers, and refreshments. It promises to be two stimulating evenings.

Israel@60 Summer Shiurim

The following local Rabbonim have teamed together to present a series of varied Shabbos afternoon Shiurim all linked to the theme of Israel's 60th anniversary. Each talk begins at 6.00 pm and includes refreshments.

*21st June ~ Rabbi Nissan Wilson @ Address from the office
See below for details of the first Shiur today*

28th June ~ Rabbi Geoffrey Hyman @ Address from the office

5th July ~ Rabbi Aryeh Sufrin @ Address from the office

12th July ~ Rabbi Alex Chapper @ Address from the office

19th July ~ Rabbi Moshe Muller @ Address from the office

Book your Rosh Hashanah greetings in the Shul magazine. Spare forms are available from the Shul office. Don't delay.

Israel60 Shiur

Rabbi Wilson starts the local summer Shiurim of Redbridge Rabbonim this afternoon at his home, 20 Lakeside Avenue, Redbridge at 6.00 pm. His title is: *The Great Debate: Religious Attitudes to the Founding of The State of Israel*. All five Shiurim take Israel@60 as their central theme. The talk will be followed by questions & answers and refreshments.

Clayhall Community Shabbaton

Rabbi Danny Kirsch, founder and director of the 'Jewish Learning Exchange' is Clayhall's outstanding guest speaker at our annual Shabbaton on **12 July 2008**. Including a hot cholent and buffet Kiddush, a Community Shabbos lunch and finishing with ice creams all round. This is a not-to-be-missed event. **'Mission Impossible: A History of the Outreach Movement'** is Rabbi Kirsch's keynote address before lunch. His second talk is called "What we 'owe' our children." There will also be special programmes for young people.

CCY Shabbos Afternoon

The next CCY Shabbos afternoon programme takes place next **Shabbos 28th June 2008** at RJCC from 4.00 pm until 5.30 pm. Dnt b brd any mr & brg yr frnds wiv 2 join in all da fun. Activities will include a selection of sports, parachute games and lots more. It will be rounded off with nosh and ice cream! All aged 5-15 years are more than welcome.

Act As If by Adam Lieberman

While in the desert, the Jewish people wanted to send spies into the Land of Israel to make sure that the land was safe to enter. The spies came back with a very negative report on the land's condition and the spies boldly said:

"...we were like grasshoppers in our eyes, and so we were like in their eyes!" (Bamidbar 13:33).

A LIFE LESSON

The spies strongly felt that the current inhabitants in the Land of Israel viewed them as people who were very small in size and who could easily be conquered. But this isn't how it was. The spies first felt that they were like grasshoppers in **their own** eyes. Only after they themselves felt that they **were like grasshoppers did** they believe that others perceived them as grasshoppers **in their eyes**. This extra piece of information can have a life-changing impact on all of us. People will always perceive you exactly how you perceive yourself. Most people go through life trying to have others think of them in a certain way. Their daily goal literally consists of making sure everyone has a certain impression of them. But the real you is one who stares back at you in the mirror. That's you - and there's no amount of acting that will ever change that. Ironically, the way you see yourself is the exact way in which you'll think how others feel about you. And the only way to ever change how you think others view you is to actually change the way in which you see yourself.

Doing this can make all the difference in the world. Remember, as long as you really think of yourself as a grasshopper, you will walk around thinking others view you the same way. Whether you think of yourself as insecure, unattractive, unambitious, or any other negative belief - you will live with the reality that others view you in the exact same way. The only way ever to change how you think others perceive you is to first change the way you see yourself. The secret isn't to get them to change their view of you. Rather, it's to change the way you see yourself and then the world will see you in this whole new light. The quick and simple way to immediately change how you see yourself is done with action - not by thought or desire. Start acting in a manner consistent with who you want to become, you'll then see yourself more and more like this person, and you'll "notice" how all those around you seems to just naturally follow your lead.

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