



קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 3 May 2008/ 28 Nisan 5768

Service Times (Shabbos Mevarachim)

Shacharis	9.00 am
Minchah followed by Seudah	7.50 pm
Ma'ariv & Shabbos ends	9.21 pm
Shabbos next week	7.30 pm

We wish a hearty Mazel tov to **Sam Chaplain** on the wonderful occasion of his 80th birthday. The Kehilla also wish Sam many more years of good health and happiness. Bertha & Sam have great pleasure in inviting the Kehilla to a Kiddush after the service in celebration of their Simchah.

Tomorrow we shall be having our monthly smoked salmon and beigel breakfast after davening. Everyone is welcome.

Shacharis on **Monday 5 May** will start at 8.15 am because of the bank holiday, while the service will begin at 6.45 am on **Tuesday 6 May** for Rosh Chodesh Iyar.

Torah Reading

Leyning: Kedoshim
Hertz p 497, Soncino p 723

Haftorah:
Hertz p 509, Soncino p 735

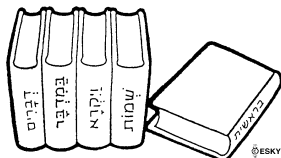
Rabbi Nissan Wilson

Sam Chaplain

The Clayhall AGM will take place on **Tuesday 13 May 2008** at RJCC at 8.00 pm preceded by Minchah and Ma'ariv at 7.30 pm.

Voting will commence from
6.00 pm until 8.00 pm.

Everyone is encouraged to attend



©ESKY

The Clayhall Kehilla is kindly sponsored by Sam's grandchildren, Ben, Jayne, Richard & Laura in celebration of Sam's 80 birthday

Children's & Youth Service: 10.30 am - 11.30 am

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 4th May, 1st June, 6th July & 3rd August.

Clayhall Cares

The Shul has a dedicated task group ready to help and support those in need in our Kehilla. This could include hospital visiting, shopping, phone calls and other welfare matters. Sometimes it can be frustrating when the Rabbi and Shul office are not made aware of a particular pertinent care issue - and people then wonder why nobody has been in touch! So please do give the Shul a call so that we can help.

Climbing High

Could a nation whose spirituality had been ground down by generations of exposure to the degeneracy of Egypt and then by more than a century of brutal slavery ever become a kingdom of priests and a holy nation? Moshe himself doubted it but G-d had assured him, *"When you take the people out of Egypt, you will serve Hashem on this mountain (Shemos 3:12)*. With the Exodus, the effort began. In seven weeks they would stand at Har Sinai ready to receive the Torah. The day after they left Egypt, they began counting the 49 days of preparation, every day rising higher, until they reached the summit that G-d had promised Moshe.

CCY Meets Today!

Don't be bored on Shabbos afternoons. Come to CCY with your friends. CCY is running its monthly Shabbos afternoon activities **today** from 4.00 pm until 5.30 pm. If you are aged 5-15 years, please come along for indoor cricket, basketball, football, Twister, a chat, some nosh and a lot more! We look forward to seeing you and don't forget to bring a friend or two. You can also find out about the exciting future plans, most notably the proposed CCY Shabbos lunch and activity afternoon on **Shabbos 12 July**. See you later!

Student House

Further to the advertisement placed in the *Jewish Chronicle* recently for candidates for a student house in Clayhall, there has been some interest. We are looking for 3 or 4 students to run youth services and activities for the Shul. This project is a priority and you can hear more about the proposal at the Annual General Meeting next month.

The 48 Qualities

Our Sages taught that the very body of the Torah scholar is bound up with the spiritual fire of Torah. For this to occur, the scholar must first sanctify himself by engaging in sincere character refinement. The Mishnah lists forty-eight qualities through which the gift of Torah is acquired. Among them are *attentive listening, reverence, modesty, purity, slowness to anger, a good heart, faith in Torah leaders, loving justice, and feeling another Jew's plight*. R' Chaim Volozhiner stated that one's attainment of Torah knowledge is in exact proportion to his efforts in acquiring these forty-eight qualities. For just as in monetary matters, a Jew cannot acquire without a method of *kinyan*, acquisition, that is specified by the Torah, so too, a student cannot acquire the gift of Torah if he lacks the methods of acquisition enumerated by our Sages. The first forty-eight days of the *Sefirah* (Counting the Omer) period correspond to the forty-eight qualities through which Torah is acquired. The forty-ninth day, the eve of Shavous, is a sacred day when each Jew, having striven to develop the forty-eight qualities within himself, can prepare for the awesome moment in time when the Torah was given at Sinai.

**NEROS Super Supper
Quiz on 18 May @
Boundary Road Shul.
Tickets available from
either Michelle Mervish
or Robin Abrahams**

Israel Turns 60!

Tickets can be bought for the annual Yom Ha'atzmaut gala night on **Thursday 7 May** from Revital, Community Shlichah. You can either phone her on 020 8551 0017 or email on: rshloman@jcare.org Events are running throughout the month including the screening of the Oscar-nominated film, 'Beaufort.' Phone the above number for more details.

CCY Events & Dates

CCY (Clayhall Children & Youth), has many events lined up over the next few months. Full details will be sent out nearer the time but just to whet the appetite, CCY can reveal:
Shabbos 3 May: Activity afternoon
Shabbos 24 May: Monthly birthday Kiddush
Monday 26 May: Lag B'Omer Family Picnic
Sunday 1 June: Shavous Messy afternoon
Monday 9 June: Shavous Ice Cream Party
Shabbos 12 July: 1st CCY Shabbos lunch
Shabbos 6 September: Activity afternoon
Sunday 7 September: Activity Day

CCY continued...

CCY has received excellent press coverage in the *Essex Jewish News* with great pictures from both the Tu Bishvat and Purim Messy Afternoons and the Mums and Daughters Baking Bonanza. Well done to those involved. CCY is now looking forward to Lag B'Omer and Shavous. Details will be sent out shortly. Please keep the above dates free!

Rise For Wisdom by Adam Lieberman

In this week's Sedra, G-d gives the Jewish people certain laws that will lead to them having a more fulfilling life. One of the laws is: *"In the presence of an old person shall you rise..."* (Vayikra 19:32).

A LIFE LESSON

Rising in the presence of any person is certainly a sign of honour and respect. So what is about a person who's achieved "old age" that G-d tells the Jewish people that he should be so revered? Perhaps it's because there's nothing in the world quite like experience. When a person gets older, he's lived a set of experiences that all the money in the world couldn't buy.

Your brain records everything that it's ever exposed to. There are literally billions of pieces of data right now stored in your brain - everything you've ever seen, smelt, and heard. This is why if you saw someone on the street that you haven't seen in ten years, you'll still be able to recognize instantly who he is. In fact, you'll even know if he's gained or lost weight since the last time you saw him!

The thing to realize is that all decisions you'll ever make are based upon all your previous life experiences. Therefore, an older person - no matter who he is or what he's done with his life - simply has more life experiences on which to base his decisions, opinions, and actions. This certainly doesn't mean that older people always know the right answers or can give the best advice. However, elderly people will have something that someone younger just can't have. And that's a unique perspective and powerful insights that more years living in this world has given them.

G-d wants us always to remember just how valuable an elderly person's observations and advice can be. It's so worthy, in fact, that when you're *"...in the presence of an old person shall you rise."* And even if you don't physically stand up for him, don't compound this by not listening to what he has to say with open ears and a wide open mind. His advice could just give you the fresh perspective you've been missing.

Adam Lieberman is a business consultant and who advises executives and companies across a spectrum of industries. He also runs a non-profit foundation which helps Jews of all backgrounds to see the beauty and relevance of their heritage. The insights he receives from the weekly Torah portion enable him to live a happy, meaningful, and balanced life. He lives in New Jersey with his wife and children.

Clayhall United Synagogue

Sinclair House, Woodford Bridge Road,

Redbridge, Essex, IG4 5LN

Tel: 020 8551 6533 e-mail: clayhallsynagogue@hotmail.com

www.clayhallsynagogue.org.uk