



קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 29 March 2008/ 22 Adar II 5768

Service Times (Parashas Parah)

Shacharis	9.00 am
Minchah followed by Seudah	5.45 pm
Ma'ariv & Shabbos ends	7.16 pm
Shabbos next week	7.24 pm

We wish a hearty Mazel Tov to **Cynthia and Jeffrey Simmons** on the wonderful occasion of their Golden Wedding anniversary. The Kehilla wish them both many more years of good health and happiness together. Cynthia and Jeffrey have great pleasure in inviting the community to Kiddush after the Service in celebration of their Simchah.

Today is **Parashas Parah**, the third of the four special Shabbasos before Pesach. The Maftir is read from a second Sefer Torah (page numbers below) and the Haftorah is specially selected to mark this Shabbos. Some of the Pesach service times are printed inside; take special note of **Shabbos HaGadol** times!

Torah Reading

Leyning: Shemini

Hertz p 443, Soncino p 651

Maftir: Bamidbar 19:1-22 (p 652, p 898)

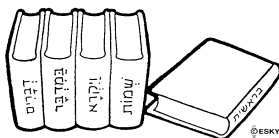
Haftorah:

Hertz p 999, Soncino p 1194

Rabbi Nissan Wilson

Hermi Rothman

British Summertime is almost upon us so don't forget to put your clocks, watches and other devices forward one hour tonight. Next Friday, Minchah will commence at 7.24 pm.



*This week's Clayhall Kehilla has been kindly sponsored by
Cynthia & Jeffrey Simmons in celebration of their Golden Wedding*

Children's & Youth Service: 10.30 am - 11.30 am

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 6 April.

Why Is This Year Different?

The problems that arise when Erev Pesach falls on Shabbos are not new.

For an in-depth practical guide, go to:
<http://www.kosher.org.uk/documents/WhyIsThisYearDifferent.doc>

This is a booklet written by Rabbi Philip Ginsbury. He will take you on a step-by-step path in preparing for Pesach. Rabbi Wilson also intends to speak about this interesting topic over the next couple of weeks.

Razing the Roof

Straight after the Fancy Dress Parade on Purim evening, five very sad and unemployable men took to the stage for a spectacularly, incredible underwhelming experience. The audience were treated to a thespian tale of woe and disaster. Even the piano fell flat as Rabbi Redbeard and the crew desperately tried to salvage something from the wreck! As the musical masterpiece took hold, the audience unbelievably warmed up (pity and sympathy more than any critical appreciation). The Fiddler on the Roof repertoire took on a whole new meaning as Tevye and Grandma Gittel stole the hearts and minds of the sad and speechless audience.

A Call to Minyan

'The simple answer given in the Torah and engraved in Jewish sensibility, is that to be a Jew is to be asked to give, to contribute, to make a difference, to help in the monumental task that has engaged Jews since the dawn of our history, to make the world a home for the Divine Presence, a place of justice, compassion, human dignity and the sanctity of life...do not count Jews. Ask them to give, and then count the contributions. That is how you measure the strength of the Jewish people.' (CRSJS)

Parashas Parah

The purpose of reading the passage about the red heifer before Nissan is to remind all who had been defiled by contact with the dead, to purify themselves in order to be able to offer the Korban Pesach. Although because of their sins, the Sanctuary was destroyed and we have neither offerings nor purification, we still hold fast to the teachings of purification and we study its precepts in the proper time.

Selected Pesach Service Times

Friday 18th April

Shacharis: 6.45 am

Minchah: 7.30 pm followed by Kabbalos Shabbos

Shabbos 19th April—Shabbos HaGadol (Erev Pesach)

Shacharis: **7.00 am** (Finish eating Chametz by 10.39 am)

Minchah: 7.30 pm

Ma'ariv: 8.45 pm (Seder not to start before 8.55 pm)

Sunday 20th April—1st day Pesach

Shacharis: 9.00 am

Minchah: 7.40 pm

Ma'ariv: 8.05 pm (2nd Seder not to start before 8.56 pm)

Monday 21st April—2nd day Pesach

Shacharis: 9.00 am

Minchah: 7.45 pm followed by a Shiur & Ma'ariv at 8.58 pm.

www.clayhallsynagogue.org.uk/video/purim_2008.wmv
for a sensational
experience of a lifetime!
Something for posterity.

Yom Ha'atzmaut

The Israel 60 Gala Show takes place on **Thursday 8 May** at the Wembley Arena. The community Shlichah, Revital Shloman is organising a coach if at least 50 people book locally. The cost would be £35 per person all inclusive. Call her on 8418 2114 or email: rshloman@jcare.org Show highlights include Jackie Mason and the IDF Entertainment Troupe plus much more.

CCY Events & Dates

CCY (Clayhall Children & Youth), has many events lined up over the next few months. Full details will be sent out nearer the time but just to whet the appetite, CCY can reveal:
Shabbos 3rd May: Activity afternoon
Monday 26th May: Lag B'Omer Family Picnic
Sunday 1 June: Mums & Daughters Baking
Sunday 1 June: Shavous Messy afternoon
Monday 9 June: Shavous Ice Cream Party
Shabbos 12 July: 1st CCY Shabbos lunch
Shabbos 6 September: Activity afternoon
Sunday 7 September: Activity Day

Pre-Pesach Programme

The Rabbinical Council of NE London presents **Dayan Menachem Gelley** of the London Beis Din on Tuesday 8 April. He will be speaking on '*Leaven on Earth: A New approach to Chametz and Pesach*' at 7.45 pm at RJCC. On the same evening, our SpeedLearning Rabbis and Rebbetzins will provide a fantastic choice of topics to choose from.

Strive To Be The Outside You by Adam Leiberman

G-d tells the Jewish people how they can know whether or not an animal is kosher. G-d said that if an animal has split hooves and brings up its own cud, then it's kosher and can be eaten. However, if any animal has either hooves that aren't split or it doesn't bring up its cud, then the animal isn't kosher and cannot be eaten. Of all the animals in the world, G-d tells the Jews that there's one animal that has split hooves but doesn't chew its own cud. It is: "...the pig, for its hoof is split and its hoof is completely separated, but it does not chew its cud..." (Vayikra 11:7).

G-d clearly spells out that in order for an animal to be kosher, it must have both split hooves and chew its own cud. When an animal has split hooves, it appears from the outside - and certainly to all who look at the animal - that it's kosher. But only by knowing what's going on inside can one know for certain if an animal is kosher or not. The pig - the universal symbol of a non-kosher animal - appears to all who look at it that it is in fact a kosher animal. But only by knowing what's happening inside the animal - that it doesn't chew its own cud - can one know that the pig is completely non-kosher.

This teaches a very valuable lesson about us. A person could show all of the external signs and traits of being one kind of person, but inside, like the pig, is actually someone completely different. One of the most important foundations someone needs to have in order for him to feel good about himself and have high self-esteem is to be consistent with who he is both externally and internally. Sadly, people tend to act one way when the world is watching and another way altogether in private. Doing this can never make someone feel good about himself because he's a fake. If you show the world one "you", but are really someone much different, then you can never have a strong self-image or be truly happy.

However, there are times when you should act a little differently than who you normally are. For example, on a first date or job interview your manners might be better than they usually are. But if you present yourself as someone completely different than who you really are, then this is just like the pig. A great sight for all who look at it, but inside is secretly the exact opposite. Acting better in certain surroundings is fine, but being a completely different person makes you a fraud. So, which is the real person: the public one or the private one?

The lesson that G-d is teaching us is that it's who the person is on the inside - when he or she is outside of public view - that largely determines the real "you." And when you refine the character of that person - the one the outside world rarely sees - then you'll never be living a life of deception. Try for one day to live your entire day as though everything you do - both in public and private - is being shown on a huge screen for the whole world to see. And as the inside "you" begins to transform into the outside "you", you'll begin feeling so much happier because you won't be living a life of deceit but rather one of honesty, growth, and truth. *(adapted from www.aish.com)*

Clayhall United Synagogue

Sinclair House, Woodford Bridge Road,

Redbridge, Essex, IG4 5LN

Tel: 020 8551 6533 e-mail: clayhallsynagogue@hotmail.com

www.clayhallsynagogue.org.uk