

קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 2 February 2008/ 26 Shevat 5768

Service Times (Shabbos Mevarachim)

Shacharis	9.00 am
Minchah followed by Seudah	4.10 pm
Ma'ariv & Shabbos ends	5.41 pm
Shabbos next week	4.47 pm

We wish a hearty Mazel Tov to **Johnny Lyndon** on the occasion of his birthday and wish him many more years of good health. Johnny and the family have great pleasure in inviting everyone to a Kiddush after the Service in celebration of his Simchah.

This afternoon, **CCY (Clayhall Children & Youth)** will be meeting again from 4.00 pm until 5.30 pm. It's open for young people aged 6-16 years, packed with many great activities, discussion and refreshments. Last week's **CCY Tu Bishvat Messy Afternoon** was a splendid success with 28 children aged 3-8 years taking part with parents and grand-parents. They enjoyed a range of arts and crafts, face painting and fruit tasting.

Torah Reading

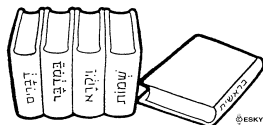
Leyning: Mishpatim
Hertz p 306, Soncino p 471

Rabbi Nissan Wilson

Haftorah:
Hertz p 323, Soncino p 497

Hermi Rothman

Come along to our smoked salmon Seudah Shilishis this afternoon which has been sponsored by the Lyndon family for some good food and drink, a convivial atmosphere and some Torah treats. It's the best club in town!



This week's Clayhall Kehilla has been kindly sponsored by the Lyndon family in celebration of Johnny's birthday

Children's & Youth Service: 10.30 am - 11.30 am (alternate weeks)

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 10 February, 9 March & 6 April.

Israel 60 Fund Raiser

The local organising committee for the Israel 60 Celebrations are holding a Supper Quiz on Sunday 9th March at Ilford Synagogue, Beehive Lane to raise funds to enable Israeli Groups to visit London in May. The cost is £12.50 per person and Shuls are being asked to make up tables of ten people. You can receive further details about this from Michelle in the Shul office. Please telephone her on 020 8551 6533.

60 Days For 60 Years

60 Days for 60 Years: Israel sees the publication of the latest book in the "60 Days" series. Beginning on the 9th March 2008, each day for 60 days, thousands of participants will read one essay in commemoration of the lives that have been lost in Israel due to the war or terror. Ending on Yom Hazikaron, the day before Israel's 60th Yom Ha'atzmut, this project seeks to engage people from all over the world with Israel the Land and Israel the People. This is a wonderful way to celebrate the amazing feats that have seen Israel grow and prosper. Each essay has been written to inspire the participants both about Israel and Judaism. More details to follow soon.

Jewish Museum

The Jewish Museum needs you to join focus groups to discuss the types of exhibitions the Museum should mount when it moves back to the developed site in Camden Town in 2009. The sessions will start at 7.00 pm and last for about an hour and a half on the following dates:
4th February - Over 40's
5th February - Under 40's
The Jewish Museum received a grant to expand and integrate the collections previously showing at its sister site in Finchley. Please phone Esther Jacobs on 020 8371 7361 if you are interested in helping.

Rosh Chodesh Group

The Ladies Rosh Chodesh group resumes on **Tuesday 12th February 2008**. Rebbetzin Edna Wilson will be speaking about, "It's a bugs life - checking fruit and vegetables." The evening starts at 8.30 pm at the home of Rabbi & Rebbetzin Wilson, 15 Redbridge Lane East. All ladies are warmly welcomed and refreshments will be served.

New Contemporary Issues Series

Rabbi Wilson will be launching a second series of controversial but very interesting talks on Tuesday 19th February in different members' homes at 8.30 pm. Venues will be announced nearer the time.

Tuesday February 19th

Ghosts, Ghouls and Demons – The Occult in Jewish Thought

Tuesday March 4th

Heart, Liver & Kidneys – Organ Donors and Presumed Consent

Tuesday March 18th

Is This Armageddon? – World Wars and the End of Days

Siddur Navigation

The structure of the Siddur, and the order of the Shabbos Morning Service.

A 3-part course on knowing your Siddur as your best friend.

Wednesday evenings 8.00pm at Clayhall Shul, RJCC:

February 27th

March 5th

March 12th

Minyan Request

Although the Shacharis services normally, thank G-d, get a Minyan, it is only through much hard work by a small number of dedicated people.

Over the next week, the Minyan will be 'losing' 3 regulars for a period of 2 weeks, 2 months and 5 months. This will badly affect numbers and the dark, winter mornings do not help either. We implore you to redouble your efforts by support. Those who sadly need to say Kaddish will be forever grateful.

Rosh Chodesh Shacharis

This Wednesday and Thursday, 6th & 7th February 2008 is Rosh Chodesh Adar 1. We will daven Shacharis on both mornings at the slightly earlier time of 6.45 am. Today we bless the new month of Adar 1. As 5768 is a leap year, Purim falls in Adar 2, which corresponds to Friday 21st March 2008.

Tribe Community Membership

Tribe Community Membership (TCM) is the fantastic new membership scheme for singles aged 21-30 from Tribe. For just £5 a month TCM makes you part of your local community by giving you full membership of your local United Synagogue. (At last you can eat as much of the Kiddush as you like without feeling guilty!) Plus, you'll get a TCM card that will give you great deals on a whole host of services. Speak to Michelle in the office.

The Seed to Succeed by Adam Lieberman

In the previous Sedra, G-d gave the Jews the Ten Commandments. And in this portion, the very next commandment G-d gives the Jewish people is: *"If you buy a Jewish bondsman, he shall work for six years; and in the seventh he shall go free..."* (Shemos 21:2).

G-d instructs every Jew that if he has a Jewish slave working for him, then after six years he is to be set free. On the surface, it seems like when the seventh year arrives the slave would eagerly, happily, and enthusiastically run from his master's house into his new found freedom. But this just isn't how a slave feels. The reason for this is that the longer a person is under the "rule" of someone or something else, the less belief he has that he can actually make it on his own.

One of the most debilitating aspects of any form of enslavement is that it robs a person of his self-worth and self-confidence. He becomes enslaved physically, emotionally and mentally. But the fact that G-d commands the slave to be set free in the seventh year demonstrates an incredible and powerful seed that G-d plants within all of us. And that is knowing, without question, that we all have the ability to make it on our own without this master. Whether you realize it or not, each and everyone of us are enslaved to someone or to something. Whether it's continuing to stay in at a job we dislike, engage in destructive behaviours, or need to watch hours of television in order to escape the thoughts of the day - we all choose to be slaves. While no one wants to be controlled, this enslavement is far better than we fear what will become of us if we chose to leave. The bottom line is that within all of us is a powerful and driving belief that questions if we really can make it on our own without this master. And although the enslavement is hard, frustrating, and painful, we don't leave because we doubt our ability to make it in un-chartered waters. But the exact opposite is true. Whatever unhealthy situation controls a part of your life and keeps you from blossoming and becoming great, then also know that you can walk away and make it without this master. And when you do muster the strength to leave and fight the inner voice that questions your ability to succeed, then the battle is 99% won. Because when you commit to being free, you just have to hand the ball over to G-d and He will give you everything you need to make it.

Adam Lieberman is a business consultant and who advises executives and companies across a spectrum of industries. He also runs a non-profit foundation which helps Jews of all backgrounds to see the beauty and relevance of their heritage. He lives in New York with his wife and children.