



קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 1 December 2007/ 21 Kislev 5768

Service Times

Shacharis	9.00 am
Minchah followed by Seudah	3.30 pm
Ma'ariv & Shabbos ends	4.48 pm
Shabbos next week (please note earlier time)	3.20 pm

Rabbi & Rebbetzen Wilson, the Honorary Officers and the Board of Management wish all members and their families a lechtiger and freilechen Chanukah. Ignore the diet and cholesterol levels; hit those doughnuts hard! Chanukah is just three days away and Clayhall's Circus Skills and shwarma party takes place here next Sunday 9 December. You can apply up to tomorrow morning through the Shul office. Details are inside. We wish Mazel Tov to **Rochelle and Martin Franks** and, grandparents, **Barbara & Philip Shamplina** on the wonderful occasion of the birth of a daughter who will be named today. **CCY (Clayhall Children and Youth)** is meeting for the second time this afternoon from 3.30 pm and there are many other events and activities planned for the future. Again, see inside.

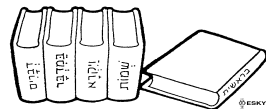
Torah Reading

Leyning: Vayeshev
Hertz p 141, Soncino p 229
Haftorah:
Hertz p 152, Soncino p 248

Dov Bodlander

Uri Liebovitz

The London Beis Din has announced that 'Skittles' previously approved and parev are now NOT KOSHER.



This week's Clayhall Kehilla has been kindly sponsored by Rochelle & Martin Franks in celebration of the birth of their daughter

Children's & Youth Service: 10.30 am - 11.30 am (alternate weeks)

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Shacharis Rosh Chodesh: 6.45 am Monday to Friday.

Shacharis Rosh Chodesh: 8.00 am Sundays.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 16 December, 13 January & 10 February.

The Precious Mitzvah

The mitzvah of the Chanukah light is y precious. One must be very scrupulous about it in order to popularise the miracle and to offer additional praise and thanksgiving to G-d for the wonders that He performed on our behalf. Even if one has no food to eat except what he receives from charity, he should beg - or sell his clothing - to buy oil and lamps, and light them.
(Rambam Hilchos Chanukah 4:12)

CCY News

CCY (Clayhall Children and Youth) is meeting for the 2nd time today from 3.30 pm until 5.00 pm. So don't be bored on Shabbos afternoon. Come and meet your friends at Clayhall Shul for parachute games, team games, sport, a chat, nosh and more! Let's hope we can build on the **17** who attended the first CCY. Details about the Chanukah competition and half-term tour of Wembley Stadium have been sent out so don't forget to enter. Future events include a birthday Kiddush on **5th January** for all primary school children celebrating birthdays in January, a Pizza & DVD evening for Years 5 to 12, and a Tu Bishvat activity afternoon for nursery to Year 4.

Lecture Series

The third talk in the series of four contemporary lectures by Rabbi Wilson takes place on Tuesday 4 December at the home of Anne & Mike Yeshin, venue from office. The Rabbi's title is **"Copyright: Intellectual Property in Jewish Law."** The final talk of the series takes place on Tuesday 18 December at the home of Melanie & Andrew Alicoon, venue from office. What a topical subject - **"Why Jews don't celebrate Xmas!"** Both talks begin at 8.30 pm and refreshments will be served later. The Shul is very grateful to those families who are hosting the series.

Michelle Mervish

The Rabbi, Honorary Officers and Board of Management wish Mazel Tov to Michelle on being re-elected as Chair of the Association of United Synagogue Administrators for a second year. This reflects well on both Michelle and Clayhall Shul. Well done!

Free the Three

"After 114 days in captivity in Gaza, Alan Johnston was finally set free on 3 July 2007. It must have been a moment of indescribable joy for his family and friends. In fact, for any of us who care about human rights, it was a great day. Others remain in this perilous situation, including three taken hostage last summer. **Gilad Shalit, Ehud Goldwasser and Eidad Regev** were all kidnapped from inside their own country, Israel. So as we all spoke out on Alan Johnston's behalf, now we must speak out on theirs. In fact, on behalf of anyone held in inhuman conditions. It's time to end the ordeal endured by all hostages and their families and ensure that basic human justice is done." (wording taken from the website) Log on to www.freethethree.co.uk to sign the petition urging the Government to enforce UN Resolution 1701 (*Hizbollah* are violating international law and any decent standard of human conduct) and learn more about the campaign. It will only take a few minutes of your time. This is supported by the United Synagogue.

Shacharis during Chanukah will start 15 minutes earlier than normal at 6.45 am

Functions News

On Sunday 16th December, the Ladies Guild are holding their annual dinner open to everyone. The guest speaker is **Malcolm Singer**, Director at the Yehudi Menuhin School of Music. He is a particularly talented and erudite speaker. Tickets are **£17.50** per person and these are available from Karen Wise and Jackie Shafier. There will be a bingo evening in March with details to follow.

The Name Chanukah

One of the most direct explanations of the name Chanukah is that it is related to the Dedication (Chanukah) of the Altar. The name Chanukah derives from the consecration of the Altar, for the Altar had been destroyed and the Hasmoneans rebuilt it. We learn in *Avodah Zorah 52b* that the Hasmoneans removed and stored away the Altar-stones which the Greeks had polluted with idolatry, and had to build a new Altar. That is why the festival is called 'Dedication.'

Clayhall Circus comes to Town!

Following the success of last year's Chanukah Treasure Hunt and Supper, another treat is in store for this year. On **Sunday 9 December**, join us for a family afternoon of Circus Skills, and a shwarma/hot dog/falafel supper party followed by a medley of doughnuts. Just £6 per adult and £4 for those under 12 years, this is a **MUST** event for all the family. Full details were sent to you earlier this month so don't forget to return your forms.

"Respect and be Respected" by Adam Lieberman
(adapted from www.aish.com)

Yaacov had 12 sons, including Yosef. One day... "Yosef dreamt a dream which he told to his brothers, and they hated him.... *He said to them ... we were binding sheaves in the middle of the field, when ... my sheaf arose and ... remained standing; then ... your sheaves ... bowed down to my sheaf.*" (Bereshis 37:5-7) Most of us have someone that we need to answer to in one way or another. Whether it's a supervisor, teacher or parent, there's usually someone in our life that plays an authoritative role. Sometimes these "bosses" always enjoy reminding us of their authority and like to talk down to us. Or they'll choose to treat us with the utmost respect and kindness. Interestingly, we all find ourselves in the exact same authoritative position many times during the day. There are many people in our lives over whom we can exercise an enormous amount of dominance and control. We can treat these people almost any way we see fit, often with little or no consequences. For example, this can happen every time you interact with a waitress, a bank cashier, or any hired help. Since these people "need" to listen to us, we have the potential to treat them with outright rudeness and disrespect. The reason why these people sometimes act this way is that they believe it gives their ego a boost to "boss" someone around. We all have a general desire to be in a position of authority in business, politics, or the community. So, in an unconscious effort to fulfill this desire, some people will simply choose to treat others in a manner like they rule over them and act like *their sheaf arose and remained standing*. This is the mistake that Yosef made with his brothers and why they really disliked him. There's a test you can take to know whether or not you're acting properly towards others. How do you treat people that you don't have to be nice to? You can instantly learn about a person's self-esteem by observing just how they treat people to whom they don't have to be nice. Sadly, many people will act one way toward people they want to impress but then become rude when speaking to some others. Ironically, it's actually a huge boost to your self-esteem when you treat other people with tremendous respect. This shows that you have a strong self-image and you don't need to knock someone down in order for you to feel taller. In fact, the better you can make others feel, the higher your own self-esteem will soar. It's a law of nature. While you might feel an artificial increase in your self-esteem when others bow down to you, the exact opposite is true. So start practicing the real golden rule, and treat everyone you meet like pure gold.

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