



# קליהל קהילה



The weekly newsheet of Clayhall United Synagogue

*Shabbos 1 September 2007/ 18 Ellul 5767*

## *Service Times*

Shacharis	9.00 am
Shabbos Shiur	6.20 pm
Minchah followed by Seudah	7.05 pm
Ma'ariv & Shabbos ends	8.36 pm
Shabbos next week	7.19 pm

We wish a hearty Mazel tov to **Moshe Rosenberg** on the lovely occasion of his 93rd birthday. The community wishes Freda and Moshe many more happy years together. Geoffrey and Stacey have great pleasure in inviting the Kehilla to a Kiddush after the Service in celebration of their Simchah.

This Monday sees the start of the Essex Ellul Programme, now in its 5th year. Details of speakers and dates are inside. Clayhall is hosting the programme this coming Wednesday 5th September when the excellent **Rabbi Harvey Belovski** will be speaking on "The story of everything: A Fresh look at Rosh Hashanah." Just £3, the evening starts at 8.00 pm. Refreshments are included.

## *Torah Reading*

Sedrah synopsis:

Leyning: Ki Savo

Hertz p 859, Soncino p 1117

Haftorah:

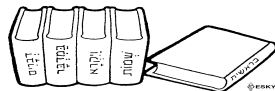
Hertz p 874, Soncino p 1134

Rabbi Wilson will be continuing his excellent Shiurim on *Pirkei Avos (Ethics of the Fathers)* this afternoon at 6.30pm. It's very interesting and relevant.

*Lauren Woolf*

*Moshe Nathan*

*Adam Finegold*



*This week's Clayhall Kehilla has been kindly sponsored by the Rosenberg family in celebration of Moshe's 93rd birthday*

## *Children's & Youth Service*

Reception - Year 6

10.30 am – 11.30 am

Year 7 - Year 11

10.30 am - 11.30 am

## *Weekday Services*

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 9 September, 14th October & 11th Nov'br.

## *Yahrzeit Plaques*

Many members have bought Yahrzeit plaques over the last few years in memory of loved ones. We only have about 20 available plaques left and this is a very appropriate time of year to add names to the Board. The cost is £60 per plaque which also includes the engraving. Please call Michelle for a form or you can complete one in person at office. Monies raised will benefit the Shul's youth programme.

## *Selichos Times*

We will begin saying Selichos (prayers of forgiveness) before Shacharis from Monday 9th September at **6.25 am**. On Erev Rosh Hashanah, which is Wednesday 12th September, Selichos will begin at **5.45 am**. During the Aseres Yamei Teshuvah (the days between Rosh Hashanah and Yom Kippur), Selichos commence at **6.20 am** and on Erev Yom Kippur (Friday 21st September) we will begin at **6.30 am**. It is important to daven Selichos with a minyan so please make every effort to attend early.

## *Future Education events*

There are many exciting events and activities in the making for 2007/08. Aside from the Essex Ellul Programme, our annual **Succos Party** - Simchas Beis Ha'Shoeva takes place on **Sunday 30 September 2007** at 8.00 pm in the Shul Succah with live music and sumptuous desserts! Clayhall's brilliant Melava Malka is scheduled for Saturday evening **17th November** with a great speaker and musical entertainment. We celebrate Chanukah with a family day on **Sunday 9th December**. This includes a full children and youth programme and an evening meal. Our first Friday night dinner for some time will take place on **Friday 15th February 2008**. Book these dates now!

## *NEROS Quiz*

The Inter-Synagogue NEROS quiz takes place later this year on **Sunday 11th November** at Newbury Park Shul. We need three willing and able team members to tackle four gruelling rounds of Jewish Calendar, Israel, Jewish History and General Knowledge. If you are interested, please phone Robin Abrahams on **8220 6779** for a selection test!

## *Pre-High Holy Day Programme*

The Rabbinical Council of NE London together with Jewish Care present the 2007 Pre-High Holydays Programme. This year the format is slightly different with individual Shuls hosting their own programme. The number of sessions have been more than halved with seven speakers talking over four evenings. The event kicks off on Monday 3 September at Ilford Federation where **Rabbi Mordechai Ginsbury** of Hendon Synagogue will be "Making the most of the 'Aweful' Days." The following night, **Rabbi Yitzchak Shochet** of Mill Hill will be speaking at the Chabad Lubavitch Centre on "The Three T's: Working Your Way Back Into G-d's Heart" while on the same evening, **Dayan Shmuel Simons** will be addressing "The Art of Repentance" at Boundary Road Shul. Clayhall hosts **Rabbi Harvey Belovski** on Wednesday 5 September while **Rabbi Yehudah Silver** will speak at Ilford United. On Thursday 6th September, **Dayan Shmuel Simons** talks again at Chigwell Shul while **Rabbi Yaacov Hammer** will speak at Wanstead & Woodford Shul. More details soon.

*Mazel Tov to all those who recently passed their GCSE exams. A-levels await!*

### *Functions News*

There will be a Family Fun Quiz on Sunday 28th October. Tickets are £12.50 each to include a fish supper. On Sunday 16th December, the Ladies Guild are holding their annual dinner open to everyone. The guest speaker is **Malcolm Singer**, Director at the Yehudi Menuhin School of Music. Tickets are £17.50 per person. A brochure is also being produced for this event. Put these dates in your diary.

### *Selichos Service*

The NEROS Selichos Service takes place on Saturday night **8th September** at Clayhall United Synagogue. The Shul is very honoured to be hosting the event for the second time. The guest Chazan is **Edwin Ross** who hails from a Northern city called Manchester, while the guest speaker is none other than a fellow Mancunian, **Rabbi Nissan Wilson**. As the host Shul, we hope that members will support the Service. A delicious reception commences at 10.45 pm followed by the Service at 11.30 pm.

### *Blue Tins*

The Shul urgently needs Blue Tin collectors for the Barkingside, Chigwell, Gants Hill, Loughton and South Woodford areas. Some tins have not been emptied for a long time and your assistance is needed. Please let Michelle know if you can help to collect.

### *Speed Learning*

The new and improved Speed Learning is being held here on Monday 10 September at 8.00 pm as part of the Essex Ellul Programme. **Dayan Y Abraham** of the London Beis Din is the keynote speaker followed by 9 local Rabbonim giving 18 minutes of wisdom. Don't miss it!

## ***YOUR HIGH HOLYDAY GROWTH WORKSHEET***

***Rosh Hashanah*** is the time for getting our lives in order, correcting our mistakes, and making a plan for the future. With that in mind, here's how these three pillars translate to our life today:

Torah = Pursuit of Wisdom, Service of G-d = Spiritual Connection, Acts of Kindness = Kindness and good deeds.

### **PURSUIT OF WISDOM**

To get started on your High Holiday growth program, try asking yourself some of the following questions, relating to "pursuit of wisdom:"

When I read or watch TV, is the content something that will make me a better person?

Do I regularly waste time?

Have I clearly identified a set of life-long priorities?

Do I value the wisdom and life experience of my parents and teachers?

Do I readily admit when I'm wrong?

Is there any mistake that I commit habitually to the point where it no longer bothers me?

### **SPIRITUAL CONNECTION**

Do I give the same concern and attention to my spiritual health as I do to my physical health?

How would I define my relationship with G-d?

In what ways do I struggle with the Jewish understanding of G-d?

How do I relate to the idea of prayer? Do I pray? Does it work?

Do I spend time appreciating the beauty of nature?

Do I ever feel isolated and alone?

In the past, why have I not stuck to my goals?

How could I spend one hour each week nourishing my soul?

### **ACTS OF KINDNESS**

Am I regularly concerned about the needs of others?

How often do I put my own needs on hold in order to help others?

Do I give tzedakah (charity) regularly? Do I give gladly or begrudgingly?

Am I careful about selecting the best recipient?

Do I volunteer my time and resources to help others in need? Do I make that an important part of my week?

Am I careful to keep my word?

Do I conduct business in a fair and honest manner?

Do I gossip and talk negatively about others?

Have I ever betrayed the trust of a friend?

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