



קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 25 August 2007/ 11 Ellul 5767

Service Times

Shacharis	9.00 am
Shabbos Shiur	6.30 pm
Minchah followed by Seudah	7.20 pm
Ma'ariv & Shabbos ends	8.53 pm
Shabbos next week	7.30 pm

We wish Mazel Tov to **Ruth and Robin Abrahams** on the lovely occasion of their Silver wedding anniversary. We wish them many more years of health and happiness together. Ruth and Robin together with Sarah and Corinne have great pleasure in inviting the Kehilla to a Kiddush after the Service in celebration of their Simchah. The Kehilla also wishes Mazel Tov to our Honorary President, **Martin Altman**, on the special occasion of his 80th birthday. We are getting ever closer to **Selichos** and **Rosh Hashanah**. Clayhall is hosting the NEROS Selichos service this year - details inside but please support. Times for morning Selichos services will be given in next week's *Clayhall Kehilla*.

Torah Reading

Sedrah synopsis:

Leyning: Ki Tetze

Hertz p 840, Soncino p 1098

Haftorah:

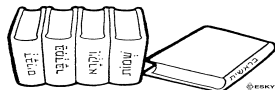
Hertz p 857, Soncino p 1115

Rabbi Wilson will be continuing his excellent Shiurim on *Pirkei Avos (Ethics of the Fathers)* this afternoon at 6.30pm. It's very interesting and relevant.

Dennis Abrahams

Rabbi Nissan Wilson

Barrie Abrahams



This week's Clayhall Kehilla has been kindly sponsored by Ruth & Robin Abrahams in celebration of their Silver Wedding

Children's & Youth Service

Reception - Year 6

10.30 am – 11.30 am

Year 7 - Year 11

10.30 am - 11.30 am

Weekday Services

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Minchah: 1.45 pm, Monday to Thursday.

Minchah & Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 9 September, 14th October & 11th Nov'br.

Yahrzeit Plaques

Many members have bought Yahrzeit plaques over the last few years in memory of loved ones. We only have about 20 available plaques left and this is a very appropriate time of year to add names to the Board. The cost is £60 per plaque which also includes the engraving. Please call Michelle for a form or you can complete one in person at office. Monies raised will benefit the Shul's youth programme.

Hebrew Reading Help?

Rabbi Wilson is exploring the possibility of running another 6-week Hebrew reading crash course in November and December. Please let the Shul office know if you are interested. You really can learn to read Hebrew in just 6 weeks if you put in the effort! Rabbi Wilson is also hoping to run a series of explanatory services with a special Kiddush during November and December as well as a three-part lecture series in early 2008. It looks like being a very busy few months.

Future Education events

There are many exciting events and activities in the making for 2007/08. Aside from the Essex Ellul Programme, our annual **Succos Party** - Simchas Beis Ha'Shoeva takes place on **Sunday 30 September 2007** at 8.00 pm in the Shul Succah with live music and sumptuous desserts! Clayhall's brilliant Melava Malka is scheduled for Saturday evening **17th November** with a great speaker and musical entertainment. We celebrate Chanukah with a family day on **Sunday 9th December**. This includes a full children and youth programme and an evening meal. Our first Friday night dinner for some time will take place on **Friday 15th February 2008**. Book these dates now!

Youth Proposal

The Rabbi, Honorary Officers and Board of Management have been discussing an exciting and major proposal directed at our future work with children and young people. Much progress has already been made and we are certain not to repeat the mistakes of the past. The Kehilla will be kept informed of the developments.

Pre-High Holy Day Programme

The Rabbinical Council of NE London together with Jewish Care present the 2007 Pre-High Holydays Programme. This year the format is slightly different with individual Shuls hosting their own programme. The number of sessions have been more than halved with seven speakers talking over four evenings. The event kicks off on Monday 3 September at Ilford Federation where **Rabbi Mordechai Ginsbury** of Hendon Synagogue will be "Making the most of the 'Aweful' Days." The following night, **Rabbi Yitzchak Shochet** of Mill Hill will be speaking at the Chabad Lubavitch Centre on "The Three T's: Working Your Way Back Into G-d's Heart" while on the same evening, **Dayan Shmuel Simons** will be addressing "The Art of Repentance" at Boundary Road Shul. Clayhall hosts **Rabbi Harvey Belovski** on Wednesday 5 September while **Rabbi Yehudah Silver** will speak at Ilford United. On Thursday 6th September, **Dayan Shmuel Simons** talks again at Chigwell Shul while **Rabbi Yaacov Hammer** will speak at Wanstead & Woodford Shul. More details soon.

Mazel tov to all those who recently passed their A-Level exams. University awaits!

Functions News

There will be a Family Fun Quiz on Sunday 28th October. Tickets are £12.50 each to include a fish supper. On Sunday 17th December, the Ladies Guild are holding their annual dinner open to everyone. The guest speaker is **Malcolm Singer**, Director at the Yehudi Menuhin School of Music. Tickets are £17.50 per person. A brochure is also being produced for this event. Put these dates in your diary.

Selichos Service

The NEROS Selichos Service takes place on Saturday night **8th September** at Clayhall United Synagogue. The Shul is very honoured to be hosting the event for the second time. The guest Chazan is **Edwin Ross** who hails from a Northern city called Manchester, while the guest speaker is none other than a fellow Mancunian, **Rabbi Nissan Wilson**. As the host Shul, we hope that members will support the Service. A delicious reception commences at 10.45 pm followed by the Service at 11.30 pm.

Yomim Noraim

Please don't forget to send back your **Memorial Forms** as soon as possible to the Shul office. We are running a special appeal this year and details are printed on the form. Every penny really counts.

Speed Learning

The new and improved Speed Learning is being held here on Monday 10 September at 8.00 pm as part of the Essex Ellul Programme. **Dayan Y Abraham** of the London Beis Din is the keynote speaker followed by 9 local Rabbonim giving 18 minutes of wisdom. Don't miss it!

In this week's Sedra, Moshe tells the Jewish people of many laws they need to observe. One of the laws that are of utmost importance is when it comes to making a vow to G-d. Regarding this, Moshe said:

"You shall observe and carry out what emerges from your lips..." (Devarim 23: 24)

If one were to make a vow or promise to G-d, it is something that must be fulfilled. While there are ways in Jewish law to have these vows annulled, nonetheless, the intent when one makes the vow is that he or she **plans** on honouring it. Sadly, most people today speak with little or no regard for carrying out the words they say to someone else. It's incredible just how often someone will say something with which he has absolutely no intention whatsoever of following through. Also, since the Torah is a guidebook for living, how does keeping your word lead to having a happy and fulfilling life? The answer is that when someone keeps his word, he will actually experience a great amount of pleasure. The reason for this is that a person can only feel good about himself when he makes good choices. Making poor choices will inevitably give a person a low self-image, whereby making positive and healthy choices will make him feel great about himself.

When you follow through with the most simplest of declarations, like "I'll be there at 8:00 pm," it shows that you value your word and what you say is important to you. But here's the thing - the only way you'll care about keeping your word is if you care about yourself. But the reverse is just as true - the more you keep your word, the better you'll feel about yourself. This is actually self-esteem math; it works every time. When you honour what you say - no matter what it might be - you're actually making a bold statement of just how important your word is. And again, the reason keeping your word makes you feel terrific is that only someone who has a high self worth cares about following through with what he says. The more you do what it is that you say you'll do - even the most simplest of commitments - you'll increasingly feel better and better about yourself. So always keep your word. If not for the person to whom you're speaking, then do it for yourself. Because over time, it will just make you feel amazing.

(Adapted from an article on www.aish.com)

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