

# קליהל קהילה



The weekly newsheet of Clayhall United Synagogue

*Shabbos 14 April 2007/26 Nissan 5767*

## *Service Times (Adam Goldman's Bar Mitzvah)*

Shacharis	9.00 am
Minchah followed by Seudah	7.15 pm
Ma'ariv & Shabbos ends	8.45 pm
Shabbos next week	7.30 pm

We wish a big Mazel Tov to **Adam Goldman** and his family on the wonderful occasion of Adam's Bar Mitzvah today. Michelle, Paul, Sam and Jamie have great pleasure in inviting the Kehilla to a Kiddush after the Service in celebration of their Simchah.

Today is also **Shabbos Mevarachim** where we bless the new month of Iyar before the Sefer Torah is returned to the Ark. Rosh Chodesh Iyar is next Wednesday and Thursday, the 18th & 19th April. Shacharis will be at the slightly earlier time of 6.45 am and the Service will last for about an hour.

The London Beis Din Kashrus Division has just announced that 'After Eight' chocolates have been reformulated and contain butterfat. Therefore they are now considered 'milky.'

## *Torah Reading*

Sedrah synopsis:

Leyning: Shemini

Hertz p 443 , Soncino p 651

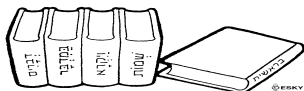
Haftorah:

Hertz p 454, Soncino p 667

*Today is Day 11 of the Counting of the Omer*

*Adam Goldman  
Rabbi Nissan Wilson &  
Adam Goldman*

*Adam Goldman*



*This week's Clayhall Kehilla has been kindly sponsored by  
Michelle & Paul Goldman in celebration of Adam's Bar Mitzvah*

## ***Children's & Youth Service***

Reception - Year 6

10.30 am – 11.30 am

Year 7 - Year 11

10.30 am - 11.30 am

## ***Weekday Services***

Shacharis: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Minchah: 1.15 pm, Monday to Thursday.

Ma'ariv: 7.30 pm, Tuesday and Wednesday.

Sunday breakfasts: 22nd April, 20th May & 17th June.

## ***The Forty-Eight Qualities***

When the Temple stood, there was an obligation to offer a communal meal-offering on the 16th of Nissan, the 2nd day of Pesach. The measurement of coarsely ground barley flour used was an *omer*. The Torah commands that on the day of this offering, the forty-nine day 'Omer' count begin. The days of Sefirah remain a time of spiritual striving as we prepare for Shavuot like the Jewish people prepared for the Torah.

## ***Family Shabbaton***

The Shabbos of **16th June** (Rosh Chodesh Tammuz) promises to be a real cracker! Rabbi Wilson plans to run a big family Shabbaton aimed at the whole community. There will be something for everyone. The much sought-after speaker and scholar, **Rabbi Dovid Roberts**, from Edgware is already confirmed as a guest speaker. The event will be run in conjunction with **Project Seed**, an organisation that has just celebrated its 25th birthday. Project Seed has recently run some very successful events at **Ilford Jewish Primary School** and in other Jewish schools around London. Further details will be sent to members after Pesach but please try to keep the date free.

## ***Induction Service***

There are a few seats left for Rabbi Wilson's Induction Service that takes place on **Sunday 29th April 2007**.

Please apply by tomorrow at the latest. We are delighted that the **Chief Rabbi, Sir Jonathan Sacks**, will formally induct Rabbi Wilson and that Chazan Gedalya Alexander and his brother Adrian will lead us in Minchah. There are no reserved seats for members but you will appreciate that dignitaries, Rabbonim and other special guests will be allocated suitable seats.

## ***Rosh Chodesh Group***

'Roll Out The Chametz' is the title of the next Ladies Rosh Chodesh group. Join Rebbetzin Wilson for an interactive session on Challa baking on **Wednesday 2nd May at 8.30 pm**. The venue is none other than 'Edna's Kitchen' - address from the office. Refreshments will be served after baking!

## *Learn to read Hebrew in 6 Weeks*

Following on from the success of the first crash course 5 months ago, Rabbi Wilson is running a second course beginning on **Wednesday 9th May for 6 weeks** (except for 23rd May as it's Shavuot) at 8.00 pm in the Board Room at Sinclair House. Whether you have never read Hebrew before or your reading just needs a bit of polishing, this course is for you. **Never again will you need to struggle with your Hebrew reading.** With just a little effort at home and during the course, it is quite possible to do this in just 6 weeks. You must pre-book by calling the Shul office on 8551 6533. The Shul has kept the cost of the course down to just £15 per person. This amount includes £5 for the course book and refreshments. There are already about 6 participants but there is room for more. So there's just one other thing left to say -

## *You Really CAN Do It!*

*The next Ladies Guild meeting is on 18th April, address from the office at 8.15 pm..*

### *New Talmud Shiur*

Rabbi Wilson is running a double-session of Jewish education for men **every Tuesday evening** beginning on 1 May. The programme starts at 8.00 pm with one-to-one learning followed at 8.45 pm with a Gemara Shiur until 9.30 pm. For more information, please contact Jamie Field on 07870 313467. Rabbi Wilson is very keen to develop regular learning opportunities for men and women to cater for all tastes.

### *Israel Film Festival*

Once again, Clayhall and Newbury Park Shuls have joined together to present a feature length film 'Watermarks' on **Thursday 19 April 2007** at 8.00 pm at Sinclair House. This is the story of the champion women swimmers of the legendary Jewish sports club, Hakoah Vienna. In 1939, the Nazis shut down the club but the swimmers managed to flee. 65 years later, director Yaron Zilberman meets the members and arranges for them to have a reunion in the old Vienna swimming pool. Donation including refreshments is £4 each.

### *Refueh Shelemah List*

There are unfortunately many names on the current Refueh Shelemah list that is read out in Shul every Shabbos and Yom Tov. We do not know whether all these names still need to be included in the prayer. If you asked for a name to be inserted and you now know that, thank G-d, the person is well again, let the Wardens or Rabbi know. Likewise, if there is a name that you want included each week, please let the Shul office know.

## ***The Omer Count (adapted from Artscroll Mesorah)***

The miracles of the Exodus demonstrated a new awareness that all beginnings are the province of G-d alone, that if He wills it, people, continents and planets are created; if not, there is only astonishing emptiness. Those who experienced these miracles were elevated to a very high level of spiritual perception, so much so that at the Splitting of the Sea, the simplest person attained a degree of prophecy even above that of the prophet Ezekiel. But that was an unearned gift. That degree of spiritual greatness was lost as soon as it was no longer needed; the nation of slaves could not simply become a nation of prophets. From then on, the people had to elevate themselves through their own efforts. Having enjoyed this temporary gift of greatness, their desire to be worthy of it had been kindled. It was like someone who was taken on a helicopter to the top of a mountain and enjoyed the breath taking view. Then the helicopter brought him back down and he was told, "You can have the experience whenever you want it, but only if you learn to climb on your own." Could he do it? No, not yet. But if he worked day by day to condition himself and learned how to scale peaks, he could *earn* his way to the top. So it was with Israel as they left Egypt. They had tasted spiritual greatness. Could they taste it again? Could a nation whose spirituality had been ground down by generations of exposure to the degeneracy of Egypt ever become a kingdom of priests and a holy nation? Moshe himself doubted it, but G-d had assured him. "*When you take the people out of Egypt, you will serve G-d on this mountain (Shemos 3:12)*. With the Exodus, the effort began. In seven weeks they would stand around Sinai, ready to receive the Torah. Would they be ready? The day after they left Egypt, they began counting the 49 days of preparation, every day rising higher, until they reached the summit that G-d had promised. As the Sages teach, the Egypt ordeal had cast the Jews down to the 49th degree of spiritual contamination. Just a bit more and they would have fallen to the 50th and lowest level. Beginning with the 2nd day of Pesach, they counted each passing day in anticipation of Sinai. Day by day they rose from a level of contamination to the corresponding degree of holiness, and after 49 days of effort, they had lifted themselves to the 49th degree of holiness. This time it was not an unearned gift, but a deserved prize.

### ***Clayhall United Synagogue***

*Sinclair House, Woodford Bridge Road,*

*Redbridge, Essex, IG4 5LN*

*Tel: 020 8551 6533 e-mail: clayhallsynagogue@hotmail.com*

*www.clayhallsynagogue.org.uk*