



קליהל קהילה



The weekly newsheet of Clayhall United Synagogue

Shabbos 29 October 2005/ 26 Tishri 5766

Service Times (Shabbos Mevarachim)

Shacharis	9.00 am
Minchah followed by Seudah	4.50 pm
Ma'ariv & Shabbos ends	6.27 pm
Kabbalos Shabbos next Friday	4.14 pm

Shabbos Bereshis always falls on Shabbos Mevarachim when we bless the new month of Mar Cheshvan. The word 'Mar' means 'bitter' as Cheshvan does not contain any Chagim or special days in stark contrast to the month of Tishri. **Rosh Chodesh Cheshvan** is this Wednesday and Thursday 2nd/3rd November. Shacharis will be at the earlier time of **6.50 am**.

Reading of the Torah

Sedrah Synopsis

Leyning: Bereishis

Hertz p 2, Soncino p 1

Hafforah:

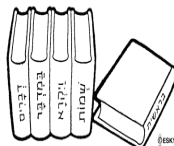
Hertz p 21, Soncino p 27

Ian Grant

Rabbi Simon Harris

Lester Harris

It is a mitzvah to eat more sumptuously on **Rosh Chodesh** since we recite Hallel, and in Hallel, it is written: 'This is the day that G-d has made, let us rejoice and be happy on it.' In many Sephardi communities, it is customary to light a candle on the night of Rosh Chodesh. Fasting is prohibited and 'Ya'ale Ve'yavo is said in the Grace after Meals and in the Amidah. It is also a mitzvah to wear nice clothes on Rosh Chodesh.



**This week's 'Clayhall Kehilla' has been kindly sponsored by
Maureen & Henry Goldstein**

Children's & Youth Davening Service

Reception - Year 6

10.30 am – 11.30 am

Year 7 - Year 11

10.30 am - 11.30 am

Weekday Services

Shacharit: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Minchah: 1.15 pm, Monday to Thursday.

Ma'ariv: 7.30 pm every Tuesday evening.

Sunday breakfasts: 6 November, 4 December & 1 January

A Rosh Chodesh thought



The day on which the new moon is seen or the following day is known as Rosh Chodesh. At times, it consists of one day; and at times of two. Rosh Chodesh of Shevat, Nisan, Sivan and Av always consist of one day. Rosh Chodesh of Cheshvan, Adar, Iyar, Tammuz & Ellul consist of two days.

Clayhall Family Shabbaton

You would have received details by now about our Family Shabbaton on **Shabbos 12 November 2005**. We are very pleased that **Chazan M**

Josephbashvilli will be leading a Carlebach-style Friday night service and he will also be leyning and davening the following day. A very pleasant fish lunch will be served (prices are on the application form, including discounts for families) followed by an *Any Questions* panel.

Rabbi Simon Harris and **Rabbi Zev**

Glass have confirmed their participation. There will also be a children's activity. Please apply as soon as possible as time is short.

Ladies Guild Dinner

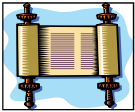
Come and enjoy a lovely dinner with **Lee Scott**, MP for Ilford North on **Sunday 4 December 2005**. The event is open to both men and women and the cost is £12.50 per person. Lee Scott was elected as a Conservative MP in May 2005. He is a former UJIA fund raiser and Israel is a subject very close to his heart. The Ladies Guild are hoping for good support. Funds raised will naturally benefit Shul activities.

Sponsor the Newsheet

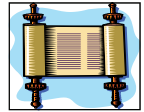
The Shul needs sponsorship for the 'Clayhall Kehilla' newsheet. For just £15, you can celebrate a birthday, anniversary or special occasion. Alternatively, you may choose to commemorate a Yahrzeit of a loved one. Please let Michelle know immediately as there are still vacancies for most of November.

The Shabbos' Plea

Yalkut Shimoni relates that the 'Song of the Day of Shabbos' (Psalm 92) was first recited by **Adam**. He ate from the *Tree of Knowledge* late Friday afternoon, the very day on which he had been created. As Shabbos arrived, death was decreed against Adam. However, the Shabbos came forward to serve as Adam's advocate. '*During the six days of creation, no man was punished with death. Must such judgement begin today? Is this my sanctity?*' G-d accepted the plea and Adam was spared. Adam then began to sing, '*A psalm, a song for the seventh day...*' Said the Shabbos, 'You are praising me? Let us both praise the Holy One; *it is good to praise Hashem.*' Thus, the sin of causing hurt or aggravation to a friend is more grave on Shabbos.



The Honorary Officers have sought reassurances from Jewish Care that the leaking roof will be repaired soon!



**We have a record
135 blue tins
distributed among
our members.**

Sponsor a Gemara - just £25

Why not donate just £25 per volume and personalise our beautiful new Gemaras. You could commemorate a Yahrzeit of a loved one, perhaps a special birthday or wedding anniversary, or simply for any other event. Contact the Shul office on 020 8551 6533.

Rosh Chodesh Group

The Clayhall Ladies Rosh Chodesh group starts on Wednesday 2 November 2005. The guest speaker is **Mrs Henny Sufrin**, always bound to inspire and entertain! Venue from the office. The excellent **Flora Frank** from the Board of Deputies is the guest speaker on 30 November, Venue from the Office. Both evenings begin at **8.00 pm**.

Shacharis Minyan

The daily Shacharis Minyan has been running for nine months and, after a few teething problems, the numbers seem to be thankfully stable. However, there is always room for improvement especially when some of the hard-core regulars are on holiday. It's also unfair to continually expect the few to share the burdens of the many. The month of Tishrei is an appropriate time to make an extra commitment even on a weekly or fortnightly basis. We daven at **7.00 am (6.50 am on Rosh Chodesh)** and the Service is always over by **7.50 am** or earlier. If you would like to have private lessons in putting on Tefillin, these will gladly be arranged. The Shul also owns three sets of Tefillin - two right-handed and one left.

Day One: The First Letter and the First Word

'At the original creation of heaven and earth, the land was desolate and empty, and G-d's holy throne was suspended over the water' (1:1). Why did the Torah commence with the letter *beis*? To show us that just as the letter *beis* is closed on three sides and open on the fourth, so G-d enclosed the world on three sides, while the northern side remained open. Another reason is that the letter *beis* stands for the word *berachah* ('blessings' beginning with the letter *beis*), while the *alef* (the first letter of the alphabet) represents *arur* ('cursed'). Not wishing to begin his Torah with the letter of a curse, the Al-mighty started with the *beis*. Upset, the *alef* flew before G-d and complained that the Torah ought to begin with the first letter of the *alef-beis*. G-d appeased the offended letter, assuring it that the Ten Commandments given on Har Sinai would begin with the word '*anochi*' ('I') which begins with an *alef*. The Torah begins with the word *Bereshis* to show us that the entire Creation took place only for the sake of the Torah, which is called *reishis darko* (*the beginning of his path*; *Mishlei* 8:22). Rav Yitchak asks why the Torah begins with an account of the creation, rather than with the first mitzvah. This was done to silence the seven nations of Canaan who in the future might accuse the Jews of robbing them of Eretz Yisrael. The Jews can now answer that G-d created the world and has the right to give it to whom He pleases. He had given Eretz Yisrael to the seven nations and could rightfully take it away and bestow it on the Jews.

Put your Clocks Back!

Just a reminder that British Summer Time ends at 2 am tomorrow morning. Please put all your clocks back by one hour before you go to bed. Otherwise you might be an hour late for Shacharis in the morning! Next Friday, Minchah commences at **4.14 pm**. When Shabbos goes out before 5.00 pm, Minchah will not start until 3.30 pm.

Book Cupboard

The Honorary Officers are very disappointed with the general state of the book cupboard. All that is asked is for books and other articles to be returned neatly rather than just being dumped for convenience. It is unfair on the very few who have to tidy up the mess **EVERY** week. Ladies, this is a male trait. You are all exonerated. Perhaps a word in the gentlemen's ears?.....

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