



# קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

*Shabbos 10 September 2005/ 6 Ellul 5765*

## *Service Times*

Shacharis	9.00 am
Minchah followed by Seudah	7.00 pm
Ma'ariv & Shabbos ends	8.15 pm
Kabbalos Shabbos next Friday	6.45 pm

We welcome back **Yisroel Newman** for his third Clayhall visit and thank him for helping us out. Yisroel gave an excellent Shiur at the Seudah last week so come back for more this afternoon!

## *Reading of the Torah*

Sedrah synopsis:

Leyning: Shoftim

Hertz p 820, Soncino p 1078

Haftorah:

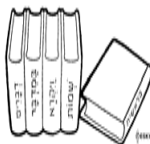
Hertz p 835, Soncino p 1094

**Michael Bash**

**Yisroel Newman**

**Alexander Segall**

Beginning with the second day of Rosh Chodesh Ellul until Erev Rosh Hashanah, four Shofar sounds are blown daily after Shacharis: *Tekiah, Shevarim, Tru'ah, Tekiah*. This sounding-of-the-Shofar is not prescribed by the Torah but originates in Jewish custom. When Moshe ascended the mountain on Rosh Chodesh Ellul to receive the Second Tablets, the Shofar was sounded in order to make known to all the Jewish People that Moshe had ascended on high so that they might not sin and come to idolatry. Israel has therefore adopted the minhag to recall the ascent of Moshe, their repentance after the sin of the Golden Calf, the forgiveness granted them, and the giving of the Second Tablets. We should be stirred towards Teshuvah by recalling these events.



*This week's 'Clayhall Kehilla' has been kindly sponsored by Tony Gadian in celebration of his wife, Susan, and son Marc's birthdays*

## ***Children's & Youth Services***

Reception to School Year 6

10.15 am – 11.15 am

School Years 7 plus

10.15 am – 11.30 am

## ***Weekday Services***

Shacharit: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Minchah: 1.15 pm, Monday to Thursday.

Ma'ariv: 7.30 pm every Tuesday evening.

Sunday breakfasts: 9 October & 6 November.

## ***A pre-Rosh Hashanah thought***



Many a Rosh Hashanah may have gone by without even a murmur of inner recognition from who knows how many slumbering hearts. But there are always hearts that open a bit, that hear and respond. Every Rosh Hashanah there are more. Some day there will be enough for Mashiach.

## ***Neros Selichos Service***

The Service takes place on Saturday night **24 September 2005** at Waltham Forest Shul, Boundary Road. As always, a reception precedes the Service at 10.45 pm followed by an address by the Guest Speaker, Rev Gary Newman (Minister of Newbury Park Shul) at 11.30 pm. The Service is led by Chazan Henry Black and Chazan David Shine together with the London Cantorial Singers. This is an important Halachic occasion and every effort should be made to attend. The Service should be finished by about 1.15 am. This is the perfect way to really get into the Yomim Noraim mood. It may be a late night but it's a spiritual oasis.

## ***Simchas Torah 5766***

The Clayhall Kehilla will be honouring the following richly-deserving members in just a couple of months: Chasan Torah: **Mr Ernie Lion** Chasan Bereishis: **Mr David Grant**. Eshes Chayil: **Mrs Bertha Chaplain**.

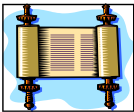
We wish a hearty Mazal Tov to our three honourees and their families and look forward to celebrating in their Simchah. The children and youth chasanim and n'shei chayil will be announced in September.

## ***Ladies Guild***

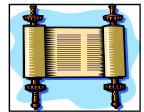
All ladies are invited to the Ladies Guild meeting next **Wednesday 14 September** venue from the office at 8.00 pm. The Guild's Dinner for both ladies and men is on **Sunday 4 December** at Sinclair House with **Lee Scott MP** as Guest Speaker. Tickets are £12.50 each and it promises to be a really entertaining evening.

## *Clayhall United Synagogue Youth Director*

We were all disappointed that the Essex Regional project failed to live up to its early promises. This was a collaborative programme between Clayhall, Ilford, Newbury Park and Wanstead & Woodford Shuls. The greatest achievement was to bring such close cooperation among the four Shuls by acknowledging that working together to solve our common problems might be better than paddling individual boats. It could have worked but some mistakes were inevitably made and the rest is history. The Clayhall HO's and Board of Management are now determined to recruit our own Youth Director on a part-time basis to work exclusively with our children and young people. This is an exciting development and one that could realise such massive potential.



*The London Beth Din's 2005 Really Jewish Food Guide is just £9.95.  
Every Kosher home needs one!*



*You can still buy a Yahrzeit plaque for just £60 in memory of a loved one.*

### *Sponsor a Gemara - just £25*

Why not donate just £25 per volume and personalise our beautiful new Gemaras. You could commemorate a Yahrzeit of a loved one, perhaps a special birthday or wedding anniversary, or simply for any other event. Contact the Shul office on 020 8551 6533.

### *Shul Library*

Please make full use of our excellent Shul library located in the Ackerman Resource Centre on the ground floor of Sinclair House. There are books so suit most tastes and you can read them in the comfort of your own home. The new set of recently bought Gemaras will be displayed in new bookcases within the library in due course. Meanwhile, enjoy the free facilities and raise your knowledge.

### *The Essex Ellul Programme*

The third annual Essex Ellul programme began last Monday 5 September with the excellent **Dayan YY Lichtenstein** as keynote speaker. This coming week, **Rabbi Barry Lerer** (Watford Synagogue) and **Rabbi Baruch Davis** from Chigwell are the double bill on Tuesday 13 September. We are honoured that **Dayan Chanoch Ehrentreu**, Rosh of the London Beth Din will be the keynote speaker next Thursday 15 September. His topic is 'Rosh Hashanah: A meeting with G-d.' There is a **Mezuzah Fun Day** on Sunday 18 September for all the family starting at 3.00 pm until 5.00 pm. You can bring along your Mezuzos for checking and enjoy a whole variety of other events including *Uncle Doovies* Ice-Cream van!

## *The Shofar - A Cure for the Sick Soul*

Just as a person's body can be healthy, sick or dead - so it is with regard to his soul. Healthiness of the soul is directly dependent on one's fulfilment of Torah and Mitzvos and righteousness of character. To the extent that Torah and Mitzvos are missing, or even worse, that their opposites are present, the soul is sick. The remedy for this spiritual malady is repentance, remorse, a total commitment to self-improvement in matters of the soul. And just as unchecked sickness can cause physical death, so it is that when a person continuously sins and thereby abuses his spiritual health, his soul will be cut off from its nation (the punishment of *kares* - spiritual excision). For this reason evil-doers, even when they are physically alive, are deemed as dead (Berachos 18b). Each of the three Shofar notes denotes the soul in a different stage of spiritual well-being. The unbroken, resolute sound of the *tekiah* indicates that the soul was created pure and straight. Any impurities or maladies were introduced by the sufferer himself. The broken groan of the *shevarim* calls to mind the moaning of the sick, while the staccato sobbing of the *teruah* represents the uncontrolled crying over the death of a dear one. Nevertheless at the very end, the *tekiah* is repeated to teach that G-d is always ready to receive the penitent who sincerely attempts to return to his original state of purity. *'And it will be on that day that a great Shofar will be blown and they will come...and they will prostrate themselves before Hashem in the holy mountain in Jerusalem.'* (Isaiah 27:13)

### *FR Elections*

You will have received a letter and nomination papers for the Financial Representative vacancy, following the tragic passing of Norman Reisman. Please complete and return the forms no later than **15 September 2005**. In the event of there being more than nomination, an election will be held on **Wednesday 28 September** at Sinclair House.

### *Tuesday Ma'ariv Service*

*Will we, won't we make a Minyan* is the common question almost every Tuesday evening. This is even more frustrating if someone has Yahrzeit and needs to say Kaddish. Although we have a rota, work pressures and traffic sometimes mean that the Minyan is short. **Of course, this wouldn't be the case if there was more support from YOU!** Please come at 7.30 pm for just 15 minutes.

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