



קליהל קהילה



The weekly newsheet of Clayhall United Synagogue

Shabbos 13 August 2005/8 Menachem Av 5765

Service Times (Shabbos Chazon)

Shacharis	9.00 am
Minchah followed by Seudah	6.35 pm
Ma'ariv & Shabbos ends	9.20 pm
Kabbalos Shabbos next Friday	7.30 pm

The Shabbos before Tisha B'Av is known as Shabbos Chazon - **Shabbos of Vision** - named after the vision of Isaiah. This Haftorah, the final one of the *'three of affliction'* laments the prophet's mourning over the causes of the Destruction of the *Beis Ha'Mikdash* (the Temple). This annual lesson serves to focus the national mourning of Tisha B'Av not to the past but to the present. It is not enough to bemoan the great loss suffered by our people with the Destruction of our Land, our Holy City and our Holy Temple. We must use our mourning to examine our present-day feelings, thoughts and deeds. Fast well.

Reading of the Torah

Sedrah Synopsis

Leyning: Devarim

Hertz p 736, Soncino p 989

Haftorah:

Hertz p 750, Soncino p 1004

Naomi Harris

Yisroel Newman

Gabi Simons

Minchah today is at **6.30 pm** to enable people to walk back home and eat a meal before the Fast begins at **8.27 pm**. Once Shabbos is out at **9.20 pm**, you can drive to Shul for Ma'ariv at **9.35 pm**. You should recite the 'Hamavdil' blessing from Havdalah before driving.



This week's 'Clayhall Kehilla' has been kindly sponsored by Deborah Harris in celebration of another 30's something birthday

Children's & Youth Services

Reception to School Year 6

10.15 am – 11.15 am

School Years 7 plus

10.15 am – 11.30 am

Weekday Services

Shacharit: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Minchah: 1.15 pm, Monday to Thursday.

Ma'ariv: 7.30 pm every Tuesday evening.

Sunday breakfasts: 7 August, 4 September & 9 October.

Yomim Noraim



You would have received your ticket application form this week. Please return it to the Shul office no later than 30 August together with the Memorial Form if appropriate. The Aish Ha'Torah service is open to everyone - there is no age restriction.

Some Tisha Ba'Av Halachos

A person must sleep less comfortably than usual. For example, using one pillow instead of two. We don't wear Tefillin at Shacharis because Tefillin are referred to as 'glory.' Similarly, we do not wear a Tallis. Tzitzis are worn but no brachah is recited. Shacharis is said slowly and tearfully. Tachanun is not said because Tisha Ba'Av is called a *Mo'ed*. Three aliyot are given and the third *oleh* recites the HafTorah using the melody of *Eichah*. It is forbidden to wash with either hot or cold water. We do not study Torah except for those subjects which evoke sadness such as Talmud Gittin. This day, all Klal Yisroel are mourners.

Tisha Ba'Av Ma'ariv

We wear non-leather shoes as a sign of mourning. It is customary to remove the Ark covering (*paroches*) and the lights are dimmed. Ma'ariv should be recited slowly, in a tearful tone. After the Amidah, we sit on the ground and some light a small number of candles. *The Book of Eichah* - known as Lamentations is read in a special tune, followed by a selection of *Kinos* - sad poems. One should not talk to another on leaving.

Rosh Chodesh Group

The Clayhall Ladies Rosh Chodesh group resumes its monthly educational and social activities on **Monday 5 September** at venue from the office, with the return of **Melanie Shutz**. We are delighted that **Mrs Henny Sufrin** will address the ladies on **Wednesday 2 November**. More details to follow in our next mailing.

The Essex Ellul Programme

Rabbi Chapper has taken over the running of the programme this year and Clayhall is once again hosting all lectures at Sinclair House. There are a few innovations this time. A Womens-only educational session takes place on 27 September and, on 2 October, the sole focus will be on the 18-25 age group. Among the fantastic line-up of speakers are Rabbi James Kennard, Rabbi Yitzchak Schochet, the brilliant lecturer, Rafi Zarum, Rabbi Rashi Simon and Rabbi David Lister. Three Dayanim will grace the programme - Dayanim Abraham, Ehrentreu, and Lichtenstein - while the **Chief Rabbi Dr Sir Jonathan Sacks** closes the series on Monday 10 October. The cost has been reduced from 2004 to just £3 per evening and all publicity is going out in mid-August.



The London Beth Din's 2005 Really Jewish Food Guide is just £9.95. Every Kosher home needs one!

**Don't forget -
Shacharis every
weekday morning
at 7.00 am**

Sponsor a Gemara - just £25

Why not donate just £25 per volume and personalise our beautiful new Gemaras. You could commemorate a Yahrzeit of a loved one, perhaps a special birthday or wedding anniversary, or simply for any other event. Contact the Shul office on 020 8551 6533.

The Full Gemara

It is very important for a Shul to have a full set of Gemaras. We will be purchasing the complete **Artscroll 73-volume set** of Talmud Bavli (Hebrew/English) very shortly. **The Schottenstein Artscroll Talmud** is a brilliant and innovative work. It translates the text into English and many explanatory footnotes are provided. This is the first serious effort to make Gemara so more accessible to far greater numbers.

Tisha Ba'Av programme

For the first time. Clayhall Shul is offering an afternoon Tisha Ba' Av programme on **Sunday 14 August** at Sinclair House. Through the *Chofetz Chaim Heritage Foundation*, we shall be showing a film 'Finding Your Voice.' As the producers say: 'On the day when Klal Yisroel mourns over our long, tragic exile, the time is right to listen to the sound of your own voice. Does it express the Shechinah that resides in every Jew? Do your words leave a trail of hurt and discord in their wake, or foster harmony that will bring us back to Yerushalayim?' It starts at **4.15 pm**, followed by a discussion. Minchah will be at **7.15 pm (with Tefillin)** and Ma'ariv at **8.00 pm**. That gives people time to get home before the Fast ends at **9.12 pm**.

The Temple - Do We Feel the Loss?

The Holy Temple was - and still is - one of the most central and basic concepts in Judaism. The Sages say that the rebuilding of the Beis Ha'mikdash should be one of our foremost concerns and that we should be missing its existence every moment. Yet for many of us, it is very distant from our thoughts. Though we may be suffering spiritual agony because of our distance from G-d, we often don't realise it. Why? Life for the most part is nice and comfortable. We don't feel that we're lacking anything. We imagine that life is 'great as it is.'

The Three Weeks come along to remind us that there's something missing from our lives. If the Sages did not designate these days of mourning, then we would always be asleep to the traumatic loss of the Temple and what we're lacking in our lives. The purpose of these days is to contrast the way we're living now with how our lives could be. In Temple times, a person could go to Jerusalem and literally feel G-d's Presence. The desire of one's soul was fulfilled. But then the Temple was destroyed and we lost what we had. But what exactly did we lose? In June 1967, the Israeli paratroopers who captured the Old City of Jerusalem were amongst the first to visit the Western Wall. Many of the soldiers, overcome with great emotion, stood weeping at the Wall. One non-religious soldier stood far back and was weeping too. 'Why are you crying?' asked his friend. **'I am crying because I don't know why I should be crying.'** If we don't feel the loss, then there's no hope the Temple will be rebuilt.

Clayhall website

You can access the newsheet **BEFORE** Shabbos each week on the Clayhall website. Back copies are also available on-line and, if you have a colour printer, you can enjoy a better quality. The Shul's website contains important up-to-date news so log on to:
www.clayhallsynagogue.org.uk
Contact the office to be added to the electronic list!

Future Activities and Events

Among some of the forthcoming Shul activities is a pre-Yom Tov **Ladies Hat Sale** at venue from the office on Wednesday 7 September. The Ladies Guild are also planning a dinner later in the year. Our Education Committee will be running a **Shabbaton** in November and a **Melava Malka** in February 2006. There will be many other events for all ages and tastes so watch this space!

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