



קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbos 7 May 2005/28 Nissan 5765

Service Times (Shabbos Mevorochim)

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| Shacharis | 9.00 am |
| Minchah followed by Seudah | 8.00 pm |
| Ma'ariv & Shabbos ends | 9.29 pm |
| Kabbalos Shabbos next Friday | 7.30 pm |

We wish a hearty Mazal Tov to **Brenda and David Fletcher** on the wonderful occasion of their 30th wedding anniversary. They have great pleasure in inviting the community to a Kiddush after the Service in celebration of their Simchah. We welcome back all those members who have been away for Pesach and hope that you all had a wonderful and Kosher Pesach. Those that were left at Clayhall enjoyed a really beautiful Yom Tov.

Reading of the Torah

Sedra synopsis:

Alison Mervish

Leyning: Kedoshim

Jonny Levy

Hertz p 497, Soncino p 723

Haftorah:

Lester Harris

Hertz p 509, Soncino 735

Clayhall 's membership continues to grow and we shall be holding a special New Members' Shabbos and Kiddush on **21 May 2005**.

Invitations will be sent to all those who have joined the Shul in the last 12 months. Rev Stewart Myers will be leying on this Shabbos and we will endeavour to give as many aliyot as possible to new members. We recently took on our **500th** fee-paying member which is a remarkable achievement for our Kehilla.



This week's 'Clayhall Kehilla' has been kindly sponsored by Brenda & David Fletcher in celebration of their 30th anniversary

Children's & Youth Services

Reception to School Year 6

10.15 am – 11.15 am

School Years 7 plus

10.15 am – 11.30 am

Weekday Services

Shacharit: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Minchah: 1.15 pm, Monday to Thursday.

Ma'ariv: 7.30 pm every Tuesday evening.

Sunday breakfasts: 15 May, 5 June, 9 July & 7 August.

Rosh Chodesh & Breakfast



Rosh Chodesh Iyar is next Monday and Tuesday, 9/10 May and Shacharis will start at **6.50 am** on both those mornings. The usual monthly Sunday breakfast will now take place next Sunday 15 May instead of tomorrow.

Clayhall AGM

The Shul AGM takes place in just two and a half week's time on **Tuesday 24 May 2005** at Sinclair House.

Nominations closed two days ago and those members who have been nominated for a position should have received a letter yesterday (Friday).

We also included with that letter specific guidelines about the very **important responsibilities** that Honorary Officers and Board of Management members have. These cannot be underestimated and it is likely that future development plans will mean an increase in the tasks and work ahead during 2005/06.

Ladies Walk

The annual Ladies Guild sponsored walk will take place on **Sunday 22 May 2005** beginning from the home of Karen Wise, start venue from the office and finishing some miles later in Gants Hill - venue to be advised. Any ladies who fancy a jolly good workout and help to raise needed funds for the Shul should contact Karen on 8501 1122. There will be refreshments at the end of the walk - phew!

Book Cupboard

Prior to Rosh Hashanah, the book cupboard is given an extensive clean. Within a few weeks, Siddurim and Chumashim are lying all over the place, papers are strewn across the shelves and nobody bothers to tidy up. Please spend a few more seconds ensuring that what you borrow goes back into the right place.

Rosh Chodesh Group

The vice-president of the Board of Deputies, **Flo Kaufman**, is addressing the group this **Tuesday 10 May**, venue from the office. Her title is 'The current state of the Jewish world' focusing mainly on Israel and anti-semitism while on Wednesday 8 June, **Shlomit Naor**, Shlichah of Sinclair House is speaking, venue from the office. Her intriguing topic is 'Bridget Jones and Tel Aviv Women.' All meetings begin at 8.00 pm and there is a £1.50 donation. Refreshments are provided. The evenings are a blend of social, educational and cultural experiences. Other speakers have been booked but if you have any suggestions for suitable speakers, please contact Anne Yeshin or Louise Posnasky through the Shul office on 020 8551 6533.



Today is **Day 13** of Sefiras Ha'Omer. It is an important mitzvah to orally count the Omer each day up to Shavous.

*The closing date for
calendar insertions
is 1 June 2005.
Don't delay!*

NEROS Quiz

The annual NEROS inter-Shul quiz takes place on **Sunday 26 June** @ Chingford Shul. We still need team members and the four subjects this year are Israel, the Book of Ruth, History and General Knowledge. Contact Robin on 020 8220 6779 if you would like to take part.

Annual Plant Sale

Victor Shafier's annual plant sale will be on **Sunday 5 June** from 10.00 am, venue from the office. Among the plants for sale will be hanging baskets, beans and tomatoes, sunflowers, sedum, allsium and many other flowers. **All at cheaper than Nursery prices.** If you have some spare plants that Victor can sell, please phone him on 8924 0261. Money raised from this event will benefit the Shul.

Israel Film Festival 2005

Together with Newbury Park, we are hosting an evening of the 2005 Festival on **Thursday 26 May 2005** at Sinclair House as part of the Yom Ha'atzma'ut celebrations. We will show three short Israeli films followed by a talk on Israeli culture. The topics include an intimate look at the love, trials and triumphs of life in Jerusalem; the preparation, last minute difficulties and joy of a wedding organiser, and a decision that will change a person and his environment for life. Tickets at **£3** each must be purchased in advance through the Shul office. Last year's evening was extremely interesting, thought-provoking and moving. The films have been carefully selected to give maximum enjoyment and satisfaction.

A Seven-Week 'Chol Hamoed'

When the Temple stood, there was an obligation to offer a communal meal-offering on the 16th of Nissan. The measurement of coarsely ground barley flour used was an *omer* – a volume equal to 43.2 eggs. The Torah commands that on the day of this offering, the forty-nine day '*Omer*' count begins. In discussing this mitzvah, **Ramban** writes: '...He commanded regarding the Festival of Matzos that it be seven sanctified days...and the 'eighth' day (Shavuos) is sanctified like the 8th day of the (Succos) festival. The counted days in between Pesach and Shavuos are like the *Chol Hamoed* (Intermediary Days) between the 1st and 8th days of the Festival – the 'eighth' day here being the Day of the Giving of the Torah. That is why our Sages refer to Shavuos as '*Atzeres*' (Assembly) for it is like the eighth day of the Succos festival which is called by this name in the Torah.' At the time of the Exodus, the 49 days between the first day of Pesach and the revelation at Sinai were a period of preparation for the moment when all Israel would hear the voice of G-d. The days of Sefirah remain a time of spiritual striving as we prepare for Shavuos. Our Rabbis note that these days are infused with a special aura and are most auspicious for spiritual growth. During these days, the sanctity progressively grows until the day when the Torah was given. In these days, each of us can find Divine assistance in perfecting our souls with purity and sanctity. These should be our thoughts and deeds during the Sefiras H'Omer.

Lag B'Omer BBQ

Our popular Lag B'Omer BBQ will again take place at the home of Deborah and Lester Harris, on **Sunday 29 May 2005**. Places are limited to the first 55 lucky people so don't delay in returning your forms once these have been sent out straight after Pesach. Start praying for dry weather and lots of sunshine!

Yom Ha'atzmaut

There is a Gala Show at Sinclair House on **Wednesday 11th May** starting at 7.00 pm. The cost is £10 each to include refreshments. Clayhall is hosting a youth lunch on **Shabbos 14 May** for young people from Ilford, Newbury Park and Wanstead & Woodford, and of course, Clayhall! Additional psalms and prayers will be said in recognition of Israel's 57th birthday. Please support.

Clayhall United Synagogue

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