



קליהל קהילה



The weekly newsheet of Clayhall United Synagogue

Shabbos/7th day Pesach 30 April 2005/21 Nissan 5765

Service Times

Shacharis	9.00 am
Minchah followed by Seudah	7.45 pm
Ma'ariv & Shabbos ends	9.15 pm
Kabbalos Shabbos next Friday	7.30 pm

Today is the 7th day of Pesach when the Jewish People crossed the Reed Sea declaring their absolute faith in G-d. Therefore, we leyn from the Sedrah of B'Shalach that includes the 'Song of Moses' that is sung with a special tune.

We wish a hearty Mazal Tov to **Ruth Lyndon** and her family on the occasion of Ruth's 50th birthday. Ruth & Mervyn have pleasure in inviting the community to Kiddush after the Service.

Reading of the Torah

Leyning: Shemos 13:17-15:26
Hertz p 265, Soncino p 407

Maftir: Bamidbar 28:19-25
Hertz p 695, Soncino p 945

Haftorah:
Hertz p 1017, Soncino n/a

Lester Harris

Alexander Segall

Clayhall 's membership continues to grow and we shall be holding a special New Members' Shabbos and Kiddush on **21**

May 2005. Invitations will be sent to all those who have joined the Shul in the last 12 months. Rev Stewart Myers will be leyning on this Shabbos and we will endeavour to give as many aliyot as possible to new members.



This week's 'Clayhall Kehilla' has been kindly sponsored by Mervyn Lyndon in celebration of Ruth's half century

Children's & Youth Services

Reception to School Year 6

10.15 am – 11.15 am

School Years 7 plus

10.15 am – 11.30 am

Weekday Services

Shacharit: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Minchah: 1.15 pm, Monday to Thursday.

Ma'ariv: 7.30 pm every Tuesday evening.

Sunday breakfasts: 8 May, 5 June, 9 July & 7 August.

Hospital & Home Visits



Should you know anyone who is unfortunately unwell, please let the Shul office know. We will arrange an appropriate visit, phone call and/or shopping.

Clayhall AGM

The Shul AGM takes place in a just a few week's time on **Tuesday 24 May 2005** at Sinclair House. It is important to exercise your right to nominate and vote. Forms were sent out before Pesach but you must return them no later than **Thursday 5 May** to the Shul office. Very few have been received back so please make every effort to complete the nominations straight after Pesach and give them to Michelle. So get moving as the clock is ticking!

Yahrzeit Board

We shall be dedicating our new Yahrzeit Board on the 8th day of Pesach, **Sunday 1 May 2005**. This coincides with the recitation of Yizkor and it is therefore a very appropriate occasion. We will also dedicate the new Memorial Board that was donated by our Chatanim and Eshet Chayil last year. Those who have donated Yahrzeit plaques will be invited. After the Service, there will be a Kiddush in commemoration.

Book Cupboard

Prior to Rosh Hashanah, the book cupboard is given an extensive clean. Within a few weeks, Siddurim and Chumashim are lying all over the place, papers are strewn across the shelves and nobody bothers to tidy up. Please spend a few more seconds ensuring that what you borrow goes back into the right place.

Rosh Chodesh Group

The vice-president of the Board of Deputies, **Flo Kaufman**, is addressing the group on Tuesday 10 May venue from office. Her title is 'The current state of the Jewish world' focusing mainly on Israel and anti-semitism while on Wednesday 8 June, **Shlomit Naor**, Shlichah of Sinclair House is speaking venue from the office. Her intriguing topic is 'Bridget Jones and Tel Aviv Women.' All meetings begin at 8.00 pm and there is a £1.50 donation. Refreshments are provided. The evenings are a blend of social, educational and cultural experiences. Other speakers have been booked but if you have any suggestions for suitable speakers, please contact Anne Yeshin or Louise Posnasky through the Shul office on 020 8551 6533.



Today is **Day 6** of Sefiras Ha'Omer. It is an important mitzvah to orally count the Omer each day up to Shavous.

*Yizkor tomorrow on
8th day Pesach
(Sunday) will begin
at about 10.50 am.*

NEROS Quiz

The annual NEROS inter-Shul quiz takes place on **Sunday 26 June** @ Chingford Shul. We still need team members and the four subjects this year are Israel, the Book of Ruth, History and General Knowledge. Contact Robin on 020 8220 6779 if you would like to take part.

Moshiach Seudah

The 8th day of Pesach is traditionally linked to our hopes for the coming of Mashiach. There is a strong tradition of having a Mashiach Seudah to deepen awareness of our final redemption. This will be our 3rd such Seudah here and we would like you to bring **sealed** food and drink that bears an appropriate hechsher. It is always a very special time so please make every effort to participate.

Israel Film Festival 2005

Together with Newbury Park, we are hosting an evening of the 2005 Festival on **Thursday 26 May 2005** at Sinclair House as part of the Yom Ha'atzma'ut celebrations. We will show three short Israeli films followed by a talk on Israeli culture. The topics include an intimate look at the love, trials and triumphs of life in Jerusalem; the preparation, last minute difficulties and joy of a wedding organiser, and a decision that will change a person and his environment for life. Tickets at **£3** each must be purchased in advance through the Shul office. Last year's evening was extremely interesting, thought-provoking and moving. The films have been carefully selected to give maximum enjoyment and satisfaction.

The Seventh Day of Pesach

It was on the 7th day of Pesach that the miracle of the Splitting of the Sea occurred. This miracle was the climax of the wondrous events of the Exodus. The Chasidic masters spoke of the awesome sanctity of this day and the potential within it for spiritual renewal. Reb Yisrael Alter of Ger finds an allusion to this potential in the Torah. ***And Hashem saved on that day {Israel from the hand of Egypt}*** (Shemos 14:30). The Torah makes specific mention of the salvation having occurred on **that** day to allude to the fact that the 7th day of Pesach remained a day of spiritual salvation for all generations. Another allusion can be found in *Shir Ha'Shirim* (Song of Songs), most of which allegorically describes Israel's relationship with G-d after the Exodus. Israel pleads to G-d, ***'Draw me, we will run after You.'*** (1:4). *'Draw me'* hints to the first night of Pesach regarding which Israel was commanded *'Draw forth...{lambs for the Korban Pesach}* (Shemos 12:21). *'After You'* alludes to the 7th day which Scripturally is the last day of Pesach. Both the first and seventh days of Pesach are times of spiritual awakening when the Jewish soul can become inspired to exult, *'...we will run after You!'* Like the Seder night the essence of this day is *emunah* - faith. The 7th day of Pesach was one on which Israel demonstrated *mesiras nefesh*, self-sacrifice, and faith of the highest order. The People looked across at the Reed Sea facing a terrifying situation. At that point, they had the opportunity to rise to *emunah b'avorim* - the highest level of faith. Can we?

Lag B'Omer BBQ

Our popular Lag B'Omer BBQ will again take place at the home of Deborah and Lester Harris, on **Sunday 29 May 2005**. Places are limited to the first 55 lucky people so don't delay in returning your forms once these have been sent out straight after Pesach. Start praying for dry weather and lots of sunshine!

Yom Ha'atzmaut

There is a Gala Show at Sinclair House on **Wednesday 11th May** starting at 7.00 pm. The cost is £10 each to include refreshments. Clayhall is hosting a youth lunch on **Shabbos 14 May** for young people from Ilford, Newbury Park and Wanstead & Woodford, and of course, Clayhall! Additional psalms and prayers will be said in recognition of Israel's 57th birthday. Please support.

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