



# קליהל קהילה



The weekly newsheet of Clayhall United Synagogue

*Shabbos 16 April 2005/7 Nissan 5765*

## *Service Times*

Shacharis	9.00 am
Minchah followed by Seudah	7.20 pm
Ma'ariv & Shabbos ends	8.49 pm
Kabbalos Shabbos next Friday	7.30 pm

Next week is one of the busiest of the Jewish year as homes are transformed into chametz-free zones. We celebrate the 1st Seder next **Motsei Shabbos 23 April** (Saturday night) and you must refer to the step-by-step guide that was sent to members a few weeks ago in order to comply with the special dinim (laws). Next Shabbos morning, we will daven at **7.15 am** so that we can get home in time to recite Kiddush and make Hamotzi over two challos well before 10.36 am. You must also sell your chametz no later than Thursday 21 April.

## *Reading of the Torah*

Sedrah synopsis:

*Steven Levene*

Leyning: Metzora

*Rev Stewart Myers*

Hertz p 470, Soncino p 689

Haftorah:

*Rev Stewart Myers*

Hertz p 477, Soncino p 702

Clayhall 's membership continues to grow and we shall be holding a special New Members' Shabbos and Kiddush on **21 May 2005**. Invitations will be sent to all those who have joined the Shul in the last 12 months including members from West Ham & Upton Park.



*This week's 'Clayhall Kehilla' has been kindly sponsored by  
Karen & Howard Wise in celebration of their anniversary*

## *Children's & Youth Services*

Reception to School Year 6

10.15 am – 11.15 am

School Years 7 plus

10.15 am – 11.30 am

## *Weekday Services*

Shacharit: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Minchah: 1.15 pm, Monday to Thursday.

Ma'ariv: 7.30 pm every Tuesday evening.

Sunday breakfasts: 8 May, 5 June, 9 July & 7 August.

## *Hospital & Home Visits*



Should you know anyone who is unfortunately unwell, please let the Shul office know. We will arrange an appropriate visit, phone call and/or shopping.

## *Yahrzeit Board*

We shall be dedicating our new Yahrzeit Board on the 8th day of Pesach, **Sunday 1 May 2005**. This coincides with the recitation of Yizkor and it is therefore a very appropriate occasion. We will also dedicate the new Memorial Board that was donated by our Chatanim and Eshet Chayil last year. Those who have donated Yahrzeit plaques will be invited. After the Service, there will be a Kiddush in commemoration.

## *Sale of Chometz*

It is incumbent upon each of us to sell our Chometz before Pesach. The forms have been sent out and **Rev Gary Newman** of Newbury Park Shul has kindly agreed to sell on our behalf. Arrangements can also be made nearer the time to sell your Chometz in person with Rev Newman.

## *Getting ready for Pesach 5765*

The day before Pesach is probably the busiest day in the Jewish year. On this day, the last of the Chometz is used up and the remainder burnt. But what happens when, as this year, erev Pesach falls on Shabbos? The many answers to this question can be found in your last Shul mailing. We have produced a summary of Rabbi Ginsbury's excellent guide called, **'Why is This Year Different?'** You can download the complete booklet by visiting [www.unitedsynagogue.org.uk](http://www.unitedsynagogue.org.uk) as it is well worth reading. If you have any questions, you need to ask a competent Halachic authority.

## ***Rosh Chodesh Group***

The Ladies Rosh Chodesh group looks forward to its fourth speaker on Wednesday 13 April. **Rebbetzen Nachama Kahan** will be '*Cooking, Cleaning and Keeping Calm*' in preparation for Pesach. It will be a very good practical demonstration prior to such a busy period. The vice-president of the Board of Deputies, **Flo Kaufman**, is addressing the group on Tuesday 10 May, venue from the office. Her title is '*The current state of the Jewish world*' focusing mainly on Israel and anti-semitism while on Wednesday 8 June, **Shlomit Naor**, Shlichah of Sinclair House is speaking, venue from the office. Her intriguing topic is '*Bridget Jones and Tel Aviv Women*.' All meetings begin at 8.00 pm and there is a £1.50 donation. Refreshments are provided. The evenings are a blend of social, educational and cultural experiences. Other speakers have been booked but if you have any suggestions for suitable speakers, please contact Anne Yeshin or Louise Posnasky.

***Membership continues to hit record levels - well done everyone!***

### ***Mashiach Seudah***

The 8th day of Pesach is traditionally linked to our hopes for the coming of Mashiach. There is a strong tradition of having a Mashiach Seudah to deepen awareness of our final redemption. This will be our 3rd such Seudah here and we will be asking you to bring along food and drink that bears an appropriate hechsher. It is always a very special time so please make every effort to participate.

### ***NEROS Quiz***

The annual NEROS inter-Shul quiz takes place on **Sunday 26 June** @ Chingford Shul. We still need team members and the four subjects this year are Israel, the Book of Ruth, History and General Knowledge. Contact Robin on 020 8220 6779 if you would like to take part.

### ***Israel Film Festival 2005***

Together with Newbury Park, we are hosting an evening of the 2005 Festival on **Thursday 26 May 2005** at Sinclair House as part of the Yom Ha'atzma'ut celebrations. We will show three short Israeli films followed by a talk on Israeli culture. The topics include an intimate look at the love, trials and triumphs of life in Jerusalem; the preparation, last minute difficulties and joy of a wedding organiser, and a decision that will change a person and his environment for life. Tickets at **£3** each must be purchased in advance through the Shul office. Last year's evening was extremely interesting, thought-provoking and moving. The films have been carefully selected to give maximum enjoyment and satisfaction.

## ***Bitter Herbs - The Requirement Today***

In contrast to matzah, the eating of *maror* on the Seder night is mentioned only in connection with the eating of the meat of the Pesach offering. Today, in the absence of the Temple, there is no Pesach sacrifice and eating *maror* is a Rabbinic ordinance. This has important Halachic ramifications. As with matzah, the minimum amount of *maror* that must be eaten is a *kezayis*, a volume equal to the size of an olive. Some hold a *kezayis* to equal the volume of one-half an average egg, while others hold it to be equal to one-third an average egg. For Scriptural Mitzvos such as matzah, we follow the stringent opinion while for Rabbinic Mitzvos one may, in case of necessity, rely on the lenient opinion. The Mishnah (Pesachim 2:6) lists five types of vegetables that can be used to fulfil the mitzvah of *maror*. It is commonly accepted that the first type listed, *chazeres*, is romaine lettuce. The Sages identify the third type, *tamcha*, as horseradish. Some hold that the second type, *ulshin*, is endives. There is no firm tradition regarding the remaining two species. The most preferred type is *chazeres*. Initially this is sweet, but the longer it remains in the ground, the more bitter it becomes. This recalls the nature of the Egyptian servitude which was bearable at first, but became progressively worse as time went on. However, romaine lettuce should not be used unless each leaf is closely checked for insects, as to consume even one insect involves several Torah prohibitions. It is therefore preferable to use the lettuce stalks.

### ***Lag B'Omer BBQ***

Our popular Lag B'Omer BBQ will again take place at the home of Deborah and Lester Harris, on **Sunday 29 May 2005**. Places are limited to the first 55 lucky people so don't delay in returning your forms once these have been sent out straight after Pesach. Start praying for dry weather and lots of sunshine!

### ***Shul Mailing***

The pre-Pesach Shul mailing will be with you shortly. It includes the 'Shalom' magazine and all the Pesach Service times. You will also find enclosed the various papers relating to the **Annual General Meeting**. Nomination forms need to be completed and returned by the stated date. The AGM takes place on **Tuesday 24 May 2005** at Sinclair House. Put it in your diary after Shabbos!

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