

בורא
פרוי הגפן



קליהל קהלה



The weekly newsheet of Clayhall United Synagogue

Shabbat 5 March 2005/24 Adar 1 5765

Service Times (Shabbat Mevarachim)

Shacharit	9.00 am
Minchah followed by Seudah	5.10 pm
Ma'ariv & Shabbat ends	6.34 pm
Kabbalat Shabbat next Friday	5.43 pm

We extend a very warm *Baruch Haba* to **Rabbi Rodal**, Chazan of Ilford Federation Synagogue who is making his first Shabbat visit to Clayhall. Rabbi Rodal will be leyning and davening Musaf this morning. This is also the United Synagogue Shabbat but this year we are playing a more low-key role. There is a Youth lunch after Kiddush where Daniel Morris will be running a programme of activities. Last night, we held a spirited Whisky tasting session after davening led by Mike Callaghan!

Reading of the Torah

Sedrah synopsis:

Leyning: Vayakhel

Hertz p 373, Soncino p 573

Haftarah:

Hertz p 382, Soncino p 585

Penie Finegold

Rabbi Rodal

Robert Segall

It is Day 40 of the '60 Days for 60 Years Project' and the essay on page 125 of the *Tribe* book is called '**Shabbat A Gift Forever**' by Esther Jungreis. She is a Holocaust survivor and Founder and President of Hineni, an international movement for Jewish people to return to their faith. There are spare books if you want some.



This week's 'Clayhall Kehilla' has been kindly sponsored by Maureen & Henry Goldstein on the recent birth of their grand-daughter

Children's & Youth Services

Reception to School Year 6

10.15 am – 11.15 am

School Years 7 plus

10.15 am – 11.30 am

Weekday Services

Shacharit: Monday to Friday, 7.00 am. Sunday @ 8.15 am.

Minchah: 1.15 pm, Monday to Thursday.

Ma'ariv: 7.30 pm every Tuesday evening.

Sunday breakfasts: 13 March, 10 April, 8 May & 5 June.

Hospital & Home Visits



Should you know anyone who is unfortunately unwell, please let the Shul office know. We will arrange an appropriate visit, phone call and/or shopping.

Sponsorship

You can sponsor the weekly newsletter for just £15 in celebration of a birthday or anniversary, or to commemorate a Yahrzeit. Please speak to Michelle in the office for available dates. Don't forget that you can also sponsor a Kiddush or a Seudah for similar reasons. We are also running low on whisky so any help is appreciated!

60 Days for 60 Years

This incredible project began on **25 January 2005** and Clayhall is playing a full part. The special books were sent out last week to families. Our synagogue has been twinned with the towns of **Zhitomer, Rodcyce, Narodichi** and our learning will be in the Zichus (memory) of our brethren murdered from those places. It is worth seeing the special website that has been created on

www.tribeuk.com as this includes a moving video with the Chief Rabbi and a full explanation of why this project is so important and unique. It also links into Yad Vashem's site.

US Shabbat weekend

We are delighted that **Sam Goldman** and **Richard Jay** are sharing the leading of Pesukei d' Zimrah today. Both boys last davened at their Bar Mitzvahs and we want to encourage young people to participate as much as possible. Some of our girls will be reading prayers in English today.

Clayhall's Holocaust Memorial Evening

The evening took place last Tuesday and those attending felt that it was a very appropriate and moving programme. The guest speaker was our own member, **Berek Obuchoweski**, an Auschwitz survivor who spoke about his tragic life at the hands of the Nazis. **Sarah Abrahams** gave a beautiful account of her own trip to Poland last year with King Solomon High School accompanied by a slide presentation. The evening began with the lighting of six Yahrzeit candles by children of the community while there was also a profile of the three towns that Clayhall has been twinned with as part of the '60 Days' project.' A short film, *Wasted Lives*, was shown that recounted genocides across the world over the last 100 years. A selection of Tehillim were read and a two-minute silence was followed by the Memorial Prayer movingly sung by **Hermie Rothman**. We thank everyone involved in the planning and running especially to Robin Abrahams for his technological assistance. Just a shame that too many people stayed away.

Ladies Guild wine trip to France on Sunday 13 March. Book your place!

Israeli Dancing

All ladies are invited to learn **Israeli and Simchah dancing** at Ilford Jewish Primary School. It is a 4-week course starting at 8.00 pm, Wednesday 2 March and then on the 9th, 16th & 23rd March. The lessons are just **£10** for the whole course. Phone the school office on **020 8551 4294** to book your place and ensure that you can dance the right steps at the next Simchah!

Shacharit Davening

Owing to holiday and sickness, some of our regular 'daveners' are unable to be with us at the moment. Please redouble your efforts to support the Shacharit Minyan. Don't leave it to the next man.

Ladies Rosh Chodesh Group

The next talk and discussion takes place on **Wednesday 9 March** at the home of Louise Posnasky, venue details from the office. All ladies are warmly welcomed. There is a small donation of £1.50 to cover costs. Speakers have been lined up for the next six months for a blend of discussion, practical ideas and answers to many questions!

9 March: Mrs Samantha Hambling ('Purim')
13 April: Rebbetzen Nechamah Rus Kahan ('Cooking, Cleaning and Keeping Calm!' This is a pre-Pesach session).

Future speakers include **Flo Kaufman** from the Board of Deputies and **Shlomit Naor**, Shalicha of Sinclair House.

A Torah Thought: A Time to Speak

Rav Huna says: 'When the Sefer Torah is opened for the Torah reading it is forbidden to speak, even words of Torah.' Even when not in the Shul, one should avoid pointless talk. Our Sages have said that a person can be recognised through his speech. One who speaks much is a fool, one who says little is wise and undoubtedly of good family. The *Gemara* says, in *Tractate Kiddushin*, that the way to discern if a person is of an honoured family is this: When two men argue, the one who falls silent first is from a good family. Rav Yehudah HaNasi says: The noble lineage of scholars of Babylonia consists of their ability to hold their peace. As far as Torah is concerned, however, a person should speak as much as he can. Still, there are times when one is not allowed to talk even of Torah, such as during the recital of Shema, the Amidah, or during Hallel or the Torah reading. The *Gemara* says that a person who speaks during prayers was ordered to leave the ranks before a battle. When Israel went to battle other nations, they sent away anyone with many sins, to avoid his fellows falling into enemy hands. We see that though speaking Torah is a great merit, the Sages forbade us to do so during prayer. How much more so, then, is common talk during prayer forbidden! Unfortunately, people are not careful and speak during prayer. This is quite a serious offence, particularly on Shabbat since the *Gemara* admonishes us that speech on Shabbat should not be like that of the rest of the week.

Purim Festivities

We are delighted that **Rev Stewart Myers** will be reading the Megillah at Clayhall on both Thursday evening 24 March (7.20 pm) and, again, on Friday morning 25 March. All the Service details will be given nearer the time but a sumptuous breakfast will definitely follow Shacharit on the Friday morning!

Rabbi Recruitment

Interviews have begun to find a suitable Rabbi. Members will appreciate that the process cannot be rushed as it is very important that we recruit the right Rabbi and Rebbetzen. We are the fastest growing Modern Orthodox Shul in Essex and the selection procedure has to be absolutely spot-on. We are working hard on your behalf!

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